



NEWSLETTER

"When you are here, You are with Friends"

HELLO!

From The President's Desk



Dear Friends,

As we enter the month of May we pause to reflect on the profound impact that mothers and mother figures have had on our lives. Whether near or far, with us now remembered in our hearts, the love and care of a mother is a timeless gift.

Mother's Day is a special occasion to honor the women who have nurtured, and guided and loved us. It's a day to celebrate the countless ways in which mothers — whether biological, adoptive or through other forms of care and kindness have shaped our world.

For some of us this may be a day of remembrance, for others a time to a time to express gratitude to the mothers in our lives.

Whether you're surrounded by family reflecting in quiet solitude, know that you are part a broader community that cherishes the love and lessons passed down through generations.

As we journey through May, may the echoes of a mother's lullaby, a gentle touch, or a word of wisdom long ago spoken remind us of the quiet strength and enduring grace that helped shape us who we are.

Warm regards, Art Dominguez

Speakers for upcoming meetings

Our speaker for the May meeting is Deacon **Scott Broussard** speaking on Catholic Funerals

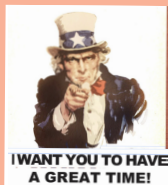
The Speaker for June Meeting is **Father Viet** speaking on a topic which he feels is appropriate for our group {Entitled: **Memento Mori** } Latin for "**Remember you die**".

It is a way of living life with your death in mind.

SENIOR PALS! MAY 22ND LUNCHEON 1:00 PM
RED LOBSTER - 20 OPENINGS -SIGN UP @ MEETING



936-271-2700



I WANT YOU TO HAVE A GREAT TIME!

SENIOR PALS MEETING SCHEDULE

All meetings begin

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

@10:00 am. until 12:00 pm. @ Sheltz Hall

Web site: ap.church/senior-pals

to access newsletter

May - 10th

June - 14th

July - No Meeting

August - 9th

September - 13th

If you have internet access be sure to check the website prior to the meeting, If you receive "Flock Notes" check for any additions or changes- or call Art Dominguez. A current copy of the newsletter is normally posted online the Wednesday/Thursday prior to the meeting.



OAKLAND ATHLETICS

VS

HOUSWednesdayTON ASTROS

Wednesday May 28

BUS TRIP - Tickets are \$85.00 @



TIME IS RUNNING OUT!

THE ASTROS GAME IS ALMOST HERE!

Wednesday, May 28th! Featuring the Houston Astros VS Oakland A's!

Seats are filling Fast!

If you haven't paid yet, don't delay !!

Secure your spot Today !

Boarding will begin at 10:30 am and the bus departs promptly at 11:00 AM from the ST. Anthony of Padua Church parking lot. Please make your check out to St. Anthony of Padua and give it to Linda Saucedo, or Martha Britton, otherwise turn it in to the Church office anytime next week.

Let's root for the home team and enjoy a great day of fellow-



SENIOR PALS LEADERSHIP-ELECTIONS COMING IN JUNE!

ELECTIONS FOR THE 2025-2026 SENIOR PALS LEADERSHIP TEAM WILL BE HELD DURING OUR JUNE MEETING.

If you would like to nominate someone for the the positions of President, Vice President, Treasurer or secretary. you are most welcome to submit your nomination at that time.

I Warmly encourage all who feel called to serve and lead this wonderful organization to consider running.

Voting will take place during the meeting and the newly elected officers will assume their role immediately following the meeting.

Let your voice be heard - Senior Pals thrives because of you!

NOTE!! Mercer Arboretum date

changed to 05/14. CAR POOL!

Leaving from Church, 9:30 am

drivers needed!! FREE!

22251 Aldine Westfield Rd. Houston



ROMAN HOLIDAY

STARRING AUDREY HEPBURN AND GREGORY PECK

A BORED AND SHELTERED PRINCESS ESCAPES HER GUARDIANS AND FALLS IN LOVE WITH AN AMERICAN NEWSMAN IN ROME.

FREE ; IN THE CONSERVATORY AT ALDEN BRIDGE 6203 ALDEN BRIDGE DRIVE.

WEDNESDAY, MAY 21. DOORS OPEN AT 12:30 PM.

MOVIE STARTS 1:00PM

FREE: POPCORN, CANDY AND BOTTLED WATER {1953}



Art Dominguez has arranged for Senior Pals to attend the September 7th - 9:00 am Mass. We will sit together and receive a special Blessing. Hope to see you there!

MAY BIRTHDAYS

Patti Schmidt 05-01

Heinz Kotzot 05-03

Patty Lemoine 05-03

Chanita Hernandez 05-05



Linda Saucedo 05-05

E. Dee Crocker 05-07

Bruce Froelich. 05-18

Sonia DeLeon 05-19

★ ★ ★ ★ ★ Happy Birthday! ★ ★ ★ ★ ★

Spedieni Alla Romana

Alfred's Recipe

Serving size 2

Ingredients:

- 1 tin (2oz) Anchovies
- 8 Green olive /or to taste
- 20 capers
- 1 cup Chicken Broth
- 2 eggs
- 8 oz. Mozzarella Cheese
- 4 slices Proscuitto - (Optional)
- 1-1/2 cups cooking oil Canola or Olive
- 1 cup flour
- 4 slices of white or Italian bread- crust trimmed off
- Chopped Parsley



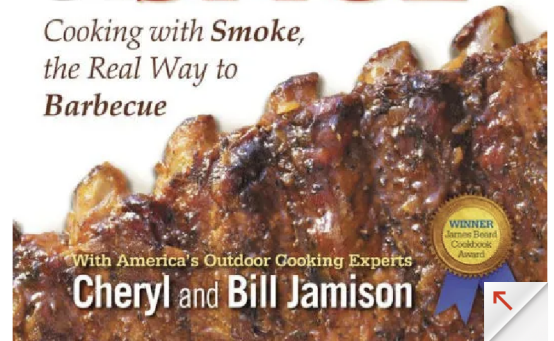
Directions:

- Heat oil in a sauce pan (low heat)
- Beat eggs in a separate bowl
- Slice Olives. - Chop Anchovies
- In separate sauce pan, heat the broth, add olives, capers and chopped anchovies
- Bring to a boil
- Simmer uncovered while preparing the rest of the ingredients
- Slice 1/4 lb Ball of Mozzarella into 1/4" thick slices.
- Trim off all crust from bread
- Place cheese slices on bread to fit (may add a slice of Proscuitto if so inclined) Add top piece of bread to make a sandwich.
- Cut in half, dip all sides in eggs, roll in flour to cover and place into oil.
- Cook until golden brown on one side, turn over and repeat. Place on a holding dish until all are done.
- Place servings on plates and spoon Broth, Olive, Capers and Anchovy mixture evenly over each piece.
- Sprinkle with chopped parsley and serve..... **Gustare!**

Updated, with 450 Recipes and Color Photos More than 1,000,000 Copies Sold

SMOKE & SPICE

Cooking with Smoke,
the Real Way to
Barbecue



For anyone interested in Barbecue and / or smoking this is my favorite cookbook which one can buy for a reasonable price online.

I have used this for years and never had issues with any of the recipes, all well thought out, delicious and well worth the money and time.

it is well thought out and has many recipes to suit your taste. You can use it to make the dinner of your choice and with minor adaptations if you wish. It may well be a staple in your kitchen! "bon appetito". **"Enjoy your meal"**

JUNE 19th Senior Pals Luncheon - Chili's
@6671 Woodlands Parkway {in HEB Shopping Center} **1:00 PM Our last Lunch until August!** Please Sign up at the meeting.



MARSALAS 100 Scarborough Drive ste 3 Conroe
Italian Grill
Discounted meals up until 4:00 we do not have luncheon Scheduled with them currently

CONGRATULATIONS TO BONNIE

GEORGE The lucky winner of the beautiful Hand-made quilt generously donated to **Senior Pals** by **Jo Ann Meyer!** A special thanks to **Martha Britten** our second place winner who not only won a \$25.00 scratch-off, but also selflessly donated it to **Senior Pals**. And to anyone else who purchased a ticket. Your support makes our success possible and membership **free**, sustaining us for the past 25 years!



SENIOR PALS. Anyone 50+ IS INVITED TO JOIN OUR COMMUNITY ! We meet one Saturday per month, to have lunch and make friends. We host a number of events such as cruises, trips, luncheons and other activities. For more information you can read our newsletter at ap.church/senior-pals or call Art Dominguez at 281-622-7703. Our next meeting is **Saturday, June 14h, 10:00 AM. - 12:00 PM.**

SENIOR PALS OFFICERS 2025

Art Dominguez- 281-622-7703-H
Vice President -
Treasurer -
Secretary -
Membership -
Greeter -
Hospitality -
Senior Pals Newsletter-
Program Chair-
Happy Hour/ Luncheon-
Raffle for faith formation-

Cathy Landry
Linda Saucedo
Carla Chambers
Gladys Gordon
William Lessman
OPEN
Al Sabino
Joan Sabino
OPEN
Sharon Bowen