



# NEWSLETTER

“When you are here you are with Friends”

## HELLO!



### From The President's Desk

**Hello Friends!** As we enter this season of Lent, it's an opportunity for reflection, prayer, and renewal for our Senior Pals group. Lent can serve as a time to not only reflect our individual journeys of faith but also to deepen our collective connection to one another. In these later years, we often find that our relationship with God and with each other takes on new meaning. We may have more time for quiet reflection, more moments to contemplate the deeper purpose of our lives, and more opportunities to offer our prayers for the needs of others.

### Welcome

Lenten traditions remind us of the power of sacrifice, prayer, and almsgiving. These practices are not just rituals—they are ways of connecting with the suffering of Christ and, in turn, deepening our empathy for those who face struggles in their daily lives. As we reflect on the Lord's own journey to the cross, we are reminded that our age and experiences are part of the rich tapestry of God's work, each phase of life bringing its own form of wisdom and grace.

For our group, Lent can also be a time of shared support. Whether through prayer, kind words, or simply being present with each other, we are called to lift one another up during the sacred season. May we all find comfort in the knowledge that no matter our stage in life, God's love and grace are with us, guiding us toward Hope and renewal. Warm Regards. Art Dominguez

**March meeting - Tony Vargas, a Senior living advisor will be speaking about how to get good care in a Senior Living home! He will be our guest speaker.**

**April Meeting - Jason Highan - from Globe mortgage will provide enlightening information on reverse mortgages along with Kevin Williams who will provide a light lunch.**

### Texas Cardinal DiNardo retires;

### Pope Francis names Bishop Vásquez as his successor

Cardinal DiNardo headed the Texas archdiocese since 2006, and a year later Pope Benedict XVI elevated him to the College of Cardinals. On May 23, 2024, he turned 75, the age at which canon law requires bishops to submit their resignation to the Pope. The cardinal is a former president of the U.S. Conference of Catholic Bishops. *Thank you for your faith and service!*

Bishop Joe S. Vasquez of Austin has been appointed by Pope Francis as successor to Cardinal DiNardo - He will be installed on March 25th, 2025 @ 2:00 pm at the Co-Cathedral of the Sacred Heart in Houston.



### OAKLAND ATHLETICS VS HOUSTON ASTROS MAY 28



- BUS TRIP - Tickets are \$85.00 @

Includes a bus ride from the church campus to and from the gate at Daiken Field (Formerly Minute Maid Park) Tickets must be paid in advance.

**Please pay with check if possible.** Beginning today the ticket sales will be available to anyone outside outside of Senior Pals after the March 8th meeting. Tickets will be available after this meeting. **Bring the Grandkids who will be out of school!** So hurry and get your tickets

For the grace of God that brings salvation has appeared to all men, teaching us that denying ungodliness and worldly lusts, we should live soberly, righteously, and Godly in the present age



Titus 2:11-1212

### Upcoming Interest Activities

Mercer Arboretum\*22306 Aldine Westfield 4/30/25 Free  
Carpool leave Church Campus 10:00 am  
Co-Cathedral and Holocaust Museum tours bus trip in January 2026  
Port of Houston boat tour September 20/25. TBD  
Naskila Casino- Bus Trip Naskila on Naskila Express  
\$10.00 @ per person -Receive \$25.00 Free Play  
Leave Mall @9:15 am - Return 4:05 pm. TBD

### SENIOR PALS LUNCHEON BJ'S BREWHOUSE

MARCH 20TH AT 1:00 PM



This restaurant is new to our group. multiple choices!

We have printed out a menu to put on the table with the sign up sheet 19075 45<sup>th</sup> Shenandoah .936-273-7100

Featuring a variety of food and drinks for a new experience.



**Guys & Dolls** Guys and Dolls is a 1955 American musical film starring Marlon Brando, Jean Simmons, Frank Sinatra, and Vivian Blaine.

@ The Conservatory-6203 Alden Bridge Dr, The Woodlands, 77382, TX (832) 400-6577

Wednesday March 19, 1:00 pm  
Doors open 12:30 pm.

Free Admission, Popcorn, Candy and bottled water

NOTE:At this meeting We will be raffling off the queen size quilt that Jim Meyer's wife made for our group activities to raise funds for Senior Pals.

The raffle will take place today so purchase your Chance for \$5.00 now. You have to be in it to win it!



### MARCH BIRTHDAYS



Joaquin Rodriguez	01	Sandy Lastrapes	11
Mary Wagenhals	02	Molly Smith	15
Sue Basuino	04	Brenda Trevino	16
Jean Gionas	08	Blanca Galano	17
Gladys Gordon	08	Gertrudis Kirkland	17
Carol Saber	08	Jack Angel	23
Teresa Hernandez	11		



# Pignoli cookies

yields 2 dozen

A perfect addition to any holiday cookie tray, these delicious traditional cookies will be a hit with the family and friends alike.

## INGREDIENTS

- 1 (8 oz) Can Almond Paste
- 1/2 Cup Granulated Sugar
- 1/2 Cup Powdered Sugar
- 1/4 Cup All-purpose Flour
- 2 Medium Egg Whites, Lightly Beaten
- 8 Ounces Pine Nuts
- Extra Powdered Sugar To Finish

## INSTRUCTIONS

Preheat oven to 300 degrees F. Prepare two baking sheets with parchment paper, or use silicone linings. Place the pine nuts in a bowl.

In a food processor, break up the almond paste into small pieces, and pulse with the two sugars and the flour.

Once the mixture is finely ground, begin to add the egg whites a little at a time, just until the dough comes together.

Depending on the humidity, or the size of your egg whites, sometimes you may need all of the egg whites, while other times you won't.

Using a spoon and slightly wet hands, scoop a small spoonful of the dough, and place this into the bowl of pignoli.

Roll the cookie around until it is lightly coated, and then place it on the prepared baking sheet.

Continue forming the cookies in this manner, placing them 2 inches apart on the baking pan.



Bake the cookies 20 to 25 minutes, and then cool. Dust lightly with powdered sugar before serving.

**Delizioso!**

## WELCOME - DIACONATE ORDINATION

*Our Parish excitedly celebrated the ordination of William "Bill" Bane to the Diaconate.*

*On Saturday February 15th, 2025, three men and their families celebrated the Rite of Ordination to the Order of Deacon which took place at the Co-Cathedral Of the Sacred Heart in Houston.*

*Deacon Bill Bane served his first masses at 9 AM and 11 AM on Sunday, February 16, 2025. Next time you see him, congratulate and welcome him.*

## Food Packing Event

**Dear Friends:** Registration for Senior Pals and Caregiver Support

*I'm excited to announce a special partnership between St. Anthony of Padua's Director of Outreach Ministries, Franklin Marsan and Cross Catholic Outreach! Together we're packing nourishing meals to help feed the hungriest communities worldwide.*

*They need our support! Join me for this meaningful food packing event on Saturday March 22nd.. There are two shifts available from 7:30-10:30am and from 10:00 am to 1:00 pm. Whether you can spare the time or stay longer, your help makes a difference.*

*Please reply to Art Dominguez if you can participate so I can sign you up for your preferred shift.*

*It's not just about lending a hand, it's a chance to enjoy a fun filled day and connect with fellow parishioners, Thank You for being party of our community's efforts to make a positive impact globally'. Warm regards .....*

*Art Dominguez.*

**281-622-7703-H**

**SENIOR PALS. Anyone 50+ IS INVITED TO JOIN OUR COMMUNITY !** We meet one Saturday per month, to have lunch and make friends. We host a number of events such as cruises, trips, luncheons and other activities. For more information you can read our newsletter at [ap.church/senior-pals](http://ap.church/senior-pals) or call Art Dominguez at 281-622-7703. Our next meeting is **Saturday, April 12th, 10 AM. - 12:00 PM.**

## SENIOR PALS MEETING SCHEDULE

☆☆☆☆☆☆☆☆

March - 8th

April - 12th

May - 10th

June - 14

July - No meeting

August - 9



**All meetings begin @10:00 am. until 12:00 pm. @ Sheltz Hall**  
**Web site: [ap.church/senior-pals](http://ap.church/senior-pals) to access newsletter**

If you have internet access be sure to check the website prior to the meeting, If you receive "Flock Notes" check for any additions or changes- or call **Art Dominguez**. A current copy of the newsletter is normally posted online the Wednesday/Thursday prior to the meeting.

## SENIOR PALS OFFICERS 2025

**Art Dominguez- 281-622-7703-H**

**Vice President -**

**Treasurer -**

**Secretary -**

**Membership -**

**Greeter -**

**Hospitality -**

**Senior Pals Newsletter-**

**Program Chair-**

**Happy Hour/ Luncheon-**

**Raffle for faith formation-**

**Cathy Landry**

**Linda Saucedo**

**Carla Chambers**

**Gladys Gordon**

**William Lessman**

**OPEN**

**Al Sabino**

**Joan Sabino**

**OPEN**

**Sharon Bowen**