



NEWSLETTER

“When you are here you are with Friends”

From The President's Desk

Hello Friends,

What I cherish most about this month of **Thanksgiving** is not just the reunions with family and friends, but the sense of connection that transcends time and distance. In the busyness of life, as our children now create their own legacies with their families, it's easy to feel the passing of time more acutely. Yet, despite the distance or silence, I know we never stray far from one another's thoughts. The memories we built with our children are like timeless echoes of the memories our parents crafted with us — reminders of love that never fade.

Thanksgiving feels like a doorway to reflection, new beginnings, and better memories with those we love waiting just ahead.

Though I may not see as clearly as before, walk with a youthful spring, or recall every detail as sharply, I continue on the path set before me with gratitude. As we're reminded in **1 Thessalonians 5:18**, "In everything give thanks..." And while I am far from perfect, with quite a few bumps and bruises along the way, I am deeply thankful to still be on this journey.

I suppose God's work with me isn't finished just yet. **Happy Thanksgiving to all!**

Blessings to all - Art Dominguez

Hello



Welcome!

UPCOMING! Veterans Day Ceremony

Michell Tyrell and Linda Saucedo will be singing November 11th at the **Veterans Day Performance** in Conroe at the Flag Lake. Off off I-45 next to Conroe Library.

Michell Tyrell and Linda Saucedo will also Sing in the Montgomery County Choral Society Winter Concert At New Horizon. They will be singing John Rutter's rendition of "**Gloria**." **Date: December 6, 2024. Time: 7:00 pm First Methodist Conroe 4308 W DAVIS ST CONROE, TX 77304**

Tickets are \$15 for Seniors and may be purchased at the door of the Methodist Church of Conroe on SH105- 936) 756-3395

★ **Blanca Galano** our pianist member who plays at our monthly meetings is now on **YOUTUBE!** Courtesy of her son who who also attends our meetings. You can search for her on **You Tube 'GrandPianoPlayer'** To enjoy her music there between our meetings,

REMINDER! BREAKING BREAD!

Are you looking to meet other parishioners in a smaller setting? Breaking Bread is an opportunity for you to have a meal with our Pastor, Father Jesse and other parishioners in the Priests' home (rectory)

All are welcome to sign up for any available time slots at ap.church/events



Movie: "The Music Man" ★

Join us as Senior Pals Theater shifts gears to bring you an unforgettable classic, **The Music Man** starring the charismatic **Robert Preston** and the beloved **Shirley Jones**.

This month, we'll step into the golden age of musicals, when Hollywood captured the hearts of millions with its wholesome charm and toe-tapping tunes. At the Conservatory on Alden Bridge. Doors open 12:30 pm Movie Starts 1:00 pm November 20th > drinks & Snacks served. Free!



Christmas Party!

We're excited to announce that this year's Senior Pals Christmas Party will take place during our regular monthly meeting on December 14th! It's going to be a special morning filled with holiday cheer, warm company, and festive entertainment - **Lorrie Reid** will be bringing us St. Anthony's Bell Choir and an instrumental trio of piano, Clarinet, and Cello! Come sing along.

A Festive Feast Awaits: For lunch, we have an indulgent menu that's sure to please every palate. You'll savor:

Hearty baked beef stew - slow-cooked to perfection, rich, and packed with tender goodness.

Zesty chicken with lemon and artichoke hearts - a light and flavorful dish with a tangy citrus punch.

All served with delicious sides that complement these wonderful entrées and dessert. **Important Details:**

Cost: \$15 per person (help cover meal costs)

Attendance is limited to 75 people, so be sure to bring your checkbook to RSVP. First come first serve!

Please make plans to join us for this wonderful morning, great food, delightful entertainment, and heart-warming fellowship. We can't wait to celebrate with you!



2 Corinthians 3:6

He has made us competent as ministers of the new covenant-not of the [Law] but of the Spirit; for the [Law] kills, but the Spirit gives life.



NOVEMBER BIRTHDAYS

Lynn Parisi	11/08	Sharon Bowen	11/13	Susan Tucek	11/22
Mike Arnold	11/09	Toni Colon	11/17	Kathy Geier	11/24
Lorene Suggs	11/09	Brenda Maldonado	11/18	Tom Maguire	11/24
Patti Emerson	11/17	Maria Godzina	11/19	Cheryl Nu	11/26
Martina Pena	11/12	Virginia Mansour	11/21	Joan Mclean	11/27



➔ **Help Wanted! Trip Committee**
*members to suggest and arrange trips,
 both carpooling and bus trips.*

*We also need someone to run monthly luncheons.
 You don't need to commit to more than one a month,
 or finish out the year until June.*

*Pick a location and arrange with the manager to
 accommodate 20 -30 people, that will provide separate
 bills for each person **You choose the date @ 1:00 pm .***

NOTICE Due to many responsibilities and issues we will
 THANK YOU FOR NOTICING THIS NOTICE **not be having the following Activities in
 November and December- Resume January**
SR PALS LUNCHEON

Have a recipe you would like to share?
 Recipes will be published as space allows and in the order received.
 We do have limited space, so bear in mind the size of your recipe.
 The recipe can be sent to **Al Sabino: ubnjtx@yahoo.com** - or
 brought to the meeting for inclusion in the newsletter.
Please Include name & contact # with submission

THANKSGIVING PROJECT

1. BUILD YOUR OWN BOX

1. Pick up an empty box after Sunday Mass starting Oct 11.
2. Fill it with the list of items found at ap.church/thanksgiving
3. Return full boxes between November 3-17 at the St. Teresa Center

2. or PURCHASE A BOX AT HEB

You can purchase prepacked Thanksgiving Project boxes until November 15th at North Woodlands H-E-B, 5601 The Woodlands, TX 77384

3. or DONATE ONLINE

Scan this QR code to buy a bag online at ap.church/buyabox



Thanksgiving Apple Pie

Total: 1 hr 20 min Inactive: 15 min
 Cook: 40 min. Prep: 25 min. Yield: 8 to 10 servings

Pie crust

- 2 cups all-purpose flour
- 3/4 teaspoon salt
- 1 cup vegetable shortening, room temperature
- 1 egg
- 2 tablespoons cold water
- 1 tablespoon white vinegar

Apple Filling

- 5 honey crisp apples. 3/4 cup fine sugar
- 2 Tbsp all-purpose flour
- 1 Teaspoon cinnamon
- 1/4 cup brown sugar

1. Combine the flour and salt in mixing bowl. Cut room temperature shortening into flour until mixture is uniform and shortening resembles large peas. Beat egg, water, and vinegar together to blend. Pour all of the liquid evenly over flour mixture. Stir in with fork until all of the mixture is moistened. Divide dough in half and shape each into a ball. Flatten each into a 4-inch circle. Wrap and chill dough for 15 minutes for easier rolling .
2. Dust rolling pin and work surface lightly with flour. Roll dough to a uniform thickness. Roll to a circle about 1-inch larger than upside down 8-inch pie plate. Carefully place one dough circle into pie plate and gently Press into form of plate. Trim excess dough around the edge with the back of a knife.
3. Preheat oven to 400 degrees F.
4. Peel, core, and slice apples. Mix apple slices with sugar, flour, cinnamon and brown sugar. Place apple mixture in pie shell. Place second pie crust on top and form to the edges of the pie plate. Cut slits in the top crust to allow for steam to release in oven. Bake for approximately 30 to 40 minutes, until pie is fully baked and apples are tender.

WAYS TO KEEP YOUR CAR FROM BEING STOLEN!

Car thefts have risen from 2019, with more than one million stolen last year. As seniors we can be prime targets for these criminals. The cars most often stolen are the Kia Optima, Chevrolet Silverado 1500, Kia Soul and Hyundai Elantra, and Sonata. Some thefts were spurred by social media posts that showed how to steal those specific models. To keep you car safe: NEVER leave a running car unattended, Never leave keys in the car, and always park in well-lit areas, hide valuables, close windows and lock doors.

Also, be aware of your surroundings, individuals who appear to be watching you and men never keep your wallet in your back pocket. Women should keep your purse in front of and close to your body. **Be Safe!**

SENIOR PALS MEETING SCHEDULE FOR 2024/25



December 14th
 January 11th 2025
 February 8th
 March 8th
 April-TBD
 May 10th
 June 14

All meetings begin
 @10:00 am. until 12:00 pm. @ Sheltz Hall
 Web site: ap.church/senior_pals
 to access newsletter

If you have internet access be sure to check the website prior to the meeting, If you receive "Flock Notes" check for any additions or changes- or call Art Dominguez A current copy of the newsletter is normally posted online the Wednesday/Thursday prior to the meeting.

SENIOR PALS OFFICERS 2024/25

Art Dominguez President
 Vice President -
 Treasurer -
 Secretary -
 Membership -
 Greeter
 Hospitality -
 Senior Pals Newsletter
 Program Chair
 Happy Hour/ Luncheon
 Raffle for faith formation

281-622-7703-H
 Cathy Landry
 Linda Saucedo
 Carla Chambers
 Gladys Gordon
 William Lessman
 OPEN
 Al Sabino
 Joan Sabino
 OPEN
 Sharon Bowen