

NEWSLETTER

"Here you're among friends"

The Saturday, JUNE 8th meeting will be from 10:00 am -12:00 Noon in Sheltz Hall

For the June meeting we will be playing BINGO!

Please bring cash to play and support Faith Foundation

ELECTIONS-For Board members this month.

Current board is willing to stay on, but feel free to nominate yourself or others. Elected positions are: President, Vice President, Secretary and Treasurer .



Welcome!

Our Guest for the AUGUST meeting will be former SP President, Debbie Perrotta. She will be bringing Therapy dogs! They are dogs that are used to bring comfort and joy to those who are ill or under poor conditions, such as those who have been affected by a natural disaster.



From The President's Desk

Welcome!. I hope you are all doing well and were spared any damage during the past storms. Below is the "From the President's Desk" message.

In 1675, Jesus instructed Sister Margaret Mary Alacoeque, a French nun, to promote a feast honoring His Sacred Heart emphasizing His immense love for humanity. She received several visions guiding her on ways to venerate His Sacred Heart along with 12 promises for all who venerate and promote this devotion. As this devotion spread in France, the Vatican granted the feast to France in 1765, and in 1856, Pope Pius IX officially designated the Friday following the feast of Corpus Christi as the feast of the Sacred Heart.

As we celebrate **Father's Day on June 16th** with our families, let us remember to include our Sacred Father in our prayers before our meal. May He bless our families and grant us the wisdom to carry out His work in love and compassion for humanity.

Let us also take a moment to honor the memory of our own fathers who have passed on. Their love, guidance, and faith have shaped us, and we carry their legacy in our hearts. May God grant them eternal rest and may we feel their presence and love with us always.

To all the fathers in our community, may your dedication and unwavering faith inspire your children, ensuring that your legacy continues in their hearts. May God bless you abundantly and keep you in His loving care.

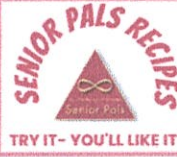
HAPPY FATHER'S DAY!

Art Dominguez

★ SENIOR PALS MEETING SCHEDULE FOR 2024

Go to - ap.church/senior-pals for access to newsletter

August 10th	December 14th	April TBD 2025
September 14th	January 11th 2025	May 10th 2025
October 12th	February 8th 2025	June 14 2025
November 9th	March 8th 2025	



TRY IT- YOU'LL LIKE IT!

the order received. We do have limited space, so bear in mind the size and ingredients of your recipe.

The recipe can be sent to Al Sabino: ubnjtx@yahoo.com-or brought to the meeting for inclusion in the next newsletter. Please Include name & contact # with submission

Have a recipe you would like to share?

In the past we have featured recipes that you may have enjoyed. The board has decided to offer the opportunity to print your favorite or family recipes to share with our members. 1 per issue

Recipes will be published as space allows and in



Help Wanted! Trip Committee

members to suggest and arrange trips, both carpooling and bus trips.

We Also need a new Hospitality coordinator.

Help also will be needed to run monthly luncheons and Happy Hours.

You don't need to commit to more than one a month

Pick a location and arrange with the manager to accommodate 20-30 people, that will provide separate bills for each person, You choose the date @ 1:00 pm .



Galations. (5:16

I advise you to obey the Holy Spirit's instructions. He will tell you where to of and what to do, and Then you won't always be doing the wrong things Your evil nature wants you to.....



★ JUNE BIRTHDAYS ★



Zygmunt Godzina 06/02	Joan Johnson 06/08	Robin Dufour 06/23
Joan Sabino 06/04	Lynn Froelich 06/09	Mina Bowers 06/25
Esperanza McDonald 06/06	Terry Vaughn 06/11	Linda Carrer 06/25
Cordy Dominguez 06/07	Betty Zaboly 06/19	Beverly Wagener 06/29
		Scott Kabalais 06/30

JULY BIRTHDAYS

Bonita George 07/02	Tina Stone 07/13	Ann Boat 07/14
Sharon Perreault 07/11	Shelia Taylor 07/14	Patricia McNamara 07/24
Cindy Vega 07/28		

SENIOR PALS OFFICERS 2024

President -	Art Dominguez	281-622-7703
Vice President -	Cathy Landry	
Treasurer -	Linda Saucedo	
Secretary -	Carla Chambers	
Trip Chair -	Martha Britton	
Membership -	Gladys Gordon	
Hospitality- Greeter-	Elaine Wilson	
Program Chair -	William Lessmann	
Newsletter -	Joan Sabino	
Hospitality VACANT -	Al Sabino	
	SEE ART	

Senior Pals Luncheon Republic Grille on
Wednesday, June 26, at 1:00 pm
Woodlands Parkway & FM 2978
(30340 FM-2978, Ste 800)

behind Walmart - Please make every
effort to come enjoy lunch with us!

NOTE! There is a 25 person seating limit! See Carla Chambers.



Welcome to our new New Parochial Vicar

-Fr. Viet Nguyen as of July 1/2024

Welcome to Father Viet Nguyen who was
recently Ordained on June 1st and is replacing
Father David Hust who will become
Administrator of St. Philip the Apostle
Parish in Huffman Texas.

Upcoming interest sheets will be out at the meeting
in order to consider scheduling activities you maybe
interested in.

Bus Trip to Sam Houston Race Track for live horse
Racing January - June 2025

OWEN THEATRE - Conroe (Plays) 2 pm Matinees

- ★ Rock of Ages September 2024
- ★ Steel Magnolias - November 2024
- ★ White Christmas - December 2024
- ★ Bedroom Farce - February 2025
- ★ Tuck Everlasting - March 2025
- ★ Little Shop of Horrors 2025

CHRIGHTON THEATRE - CONROE - SUN 2 pm matinees

- ★ The Play That goes Wrong. September - 2024
- ★ Dracula October - 2024
- ★ Charlie and The Chocolate Factory - December - 2024
- ★ BIG The Musical February - 2025
- ★ Shakespeare in Love April - 2025

Suggested activities for the future

ST. MARY'S CHURCH In Plantersville
Carpool. This is one of the famous painted
Churches with an interesting history. Lunch at
a local restaurant- **Carpool trip.**

PLANNED NEW ACTIVITIES

**JULY 3rd STAR SPANGLED SALUTE @ CYNTHIA
WOODS PAVILION.** (Limited Reserved seating)-
Seats must be claimed by 7:15 pm or will be
released to the public! Sign up with Cathy Landry
at JUNE Meeting!

August date to be determined for **carpool trip**
the **Hindu Temple @Flintridge.** Then drive to
Sacred Heart Church in Conroe for a tour. Lunch
to follow at local restaurant. Sign up with Cathy.

September proposed **BUS** trip to **ASTROS**
game. **TBD**

OCTOBER - 24th Thursday BUS trip leaving
Church @ 8:30 am for a Docent tour of the
Co-Cathedral downtown, followed by lunch on
your own.

2024

Royal Caribbean
VOYAGER OF THE SEAS

11/10 - 11/26



FANTASTIC! 16 day TransAtlantic Cruise aboard
the **Royal Caribbean VOYAGER OF THE SEAS.** 11/10 -
11/26/2024 Bill Netro Travel agent - 714-264-6676. Tell
him you are traveling with **Joan Sabino!** • Deposit is \$1000.
to reserve cabin and it's fully refundable until July.

There is a a \$50 onboard credit per cabin. Voyager
TA cabin prices Per person-Interior stateroom \$1050-
Oceanview Balcony \$1663 **PORTS** listed below.

- | | |
|----------------------------|--------------------------------|
| 1 Barcelona, Spain | 7 Madeira (Funchal), |
| Departs at 5:00 PM | Portugal |
| 2 Palma De Mallorca, Spain | From 8:00 AM - 5:00 PM |
| From 8:00 AM - 6:00 PM | 8 Gran Canaria, Canary Islands |
| 3 Valencia, Spain | From 9:00 AM - 6:00 PM |
| From 8:00 AM - 6:00 PM | 9 Tenerife, Canary Islands |
| 4 Cartagena, Spain | From 8:00 AM - 6:00 PM |
| From 8:00 AM - 6:00 PM | 10 - 16 Cruising Days at sea! |
| 5 Málaga, Spain | 17 Orlando (Port Canaveral), |
| From 8:00 AM - 6:00 PM | Florida |
| 6 Cruising | End of cruise. 11/26 Arrive |
| Day at sea | at 6:00 AM |

Please take a copy of Emergency Response Procedures with
you to the meetings for reference in the event of an emergency

Senior Pals Mission Statement

To create a community of faith-minded seniors and individuals
seeking to forge meaningful friendships within a small
group setting.

Aim to foster a sense of belonging for seniors of all
faiths, and provide opportunities for seniors to share
their life experiences and interests.

Through group activities, volunteering, and supporting
one another, we aspire to instill a strong sense of community
and provide comfort to those in need.

Our forum serves as a trusted space for seniors of all
faiths to make new friends, explore new places at their
own pace, and discover exciting events happening in our
vibrant community.

★ EMERGENCY RESPONSE PROCEDURES ★

Sergeant-at-arms Tom Maguire - Crisis manager

He will assess the situation and call **911**

Medical Emergency → Elaine Wilson

Will provide aid with help from 1 other volunteer as needed.
Lynn Parisi + Sharon Bowen will wait outside for **EMT's**
and escort them to emergency site.

→ The rest of us will give these volunteers all
adequate room to work.

Fire or Other Building Peril!

1. **EVERYONE!** remember the person seated to your right
2. All of exit the room and gather across the court under
the roof of the Church Administration building
Let's help those in need of help!
3. Each one of us is to account for the person who was
sitting to our right during the meeting
4. Once all of us are accounted for, Tom Maguire will
determine what we need to do next