(Welcome!)



Our Saturday, April 13th meeting will be held from 10:00 am until 12:00 pm. in Sheltz Hall and also in the future

 Thank You to all who provided for our previous Pot Lunch! Please remember to sign up for MAY!

Our April 13th guest speaker will be Erin Lucke, Attorney, who will discuss Senior legal issues

Our May 4th meeting will feature 7th and 8th grade students from "St. Anthony's Middle School Theater Production Class." With Selections from "NEWSIES Jr



I hope everyone had a joy-filled Easter, celebrating the profound significance of renewal and hope. As we reflect on the atonement and healing symbolized by this season, may its warmth and solace accompany us throughout the rest of the year.

Reflecting on my role as President of Senior Pals I am reminded of a poignant parallel. Last year, upon my election I said "Why do I feel like the Captain of the Titanic?" It's noteworthy that April 14th marks the anniversary of the tragic Titanic disaster, a somber reminder of the unforseen challenges we may face.

However, with gratitude I can attest that navigating our organization has been remarkably smooth thanks to the unwavering support of our committee chairs and dedicated members. Your efforts both at the forefront and behind the scenes have made this tenure one of the most fulfilling experiences of my life. Unlike the Titanic's lookout, there has been no need for vigilance against hidden obstacles. Our path has been clear and supported by a united effort.

This month I express my gratitude to you, and extend a heartfelt thanks to all the volunteers whose dedication sustains our organization. Your commitment ensures our unity and continuity of our mission. May God bless you abundantly for your invaluable contributions.

Sincerely, Art Dominguez

EMERGENCY RESPONSE PROCEDURES

Sergeant-at-arms Tom Maguire - Crisis manager He will assess the situation and call 911 Medical Emergency - Elaine Wilson

Will provide aid with help from 1 other volunteer as needed. Lynn Parisi + Sharon Bowen will wait outside for EMT's and escort them to emergency site.

The rest of us will give these volunteers all adequate room to work.

Fire or Other Building Peril!

1. **EVERYONE** ! remember the person seated to your **right**

- 2. All of exit the room and gather across the court under the roof of the Church Administration building Let's help those in need of help!
- 3. Each one of us is to account for the person who was sitting to our right during our meeting.
- Once all of us are accounted for, Tom Maguire will determine what we need to do next

Please take a copy of Emergency Response Procedures with you to the meetings for reference in the event of an emergency

100 Scarborough Dr. Ste A3-A4 Conroe,TX (Gladstell off of 45S MARSALAS Thursday, April 25 th. 2:00pm to 4:00 pm

Luncheon specials until 4:00 pm & Happy hour with the hour words of the hour words and the hour words are the hour words of the hour words are the hour words. with reasonable prices, great servers and delicious

menu. Space will be limited to 20 patrons-Sign up with Linda Sauceda at the meeting- There will be a wait list.



★ Crighton Theatre ★

234 N. Main Street, Conroe 10 Tickets on hold 7/14/24 2:00 pm

Beauty and the Beast Tickets @ \$23.00. Must be paid for by 3 weeks before each show! See Joan Sabino for info and payment

SENIOR PALS MEETING SCHEDULE FOR 2024

Saturday, May 4th 10:00 am - 12:00 pm Saturday, June 8th 10:00 am - 12:00 pm View Newsletter online: ap.church/seniorpals

APRIL BIRTHDAYS



Gloria Ellis 04/07 Art Dominguez **Suzanne Bradley** Richard Robinson 04/07

04/11 **Martha Britton** Jim Meyer 04/13 Nidia Drewery 04/14 Julie Baca

Diane Weynand 04/17 04/18

04/22 Arlene McGuire 04/26 04/28 James Dolan

04/30

SENIOR PALS OFFICERS 2023 / 2024

President • Art Dominguez •••• 281-622-7703 Vice President • Cathy Landry Linda Sauceda Treasurer • Carla Chambers Secretary • Trip Chair • Martha Britton Membership• new Gladys Gordon Greeter • William Lessmann Elaine Wilson Hospitality • Al Sabino Senior Pals Newsletter • Program Chair • Joan Sabino Varies/TBD Happy Hours & or luncheons • Sharon Bowen Flock Notes •

VOLUNTEERS NEEDED - Happy hours and / or Luncheons! You can do on a one time basis or as needed. Contact Martha Britton to volunteer! Members needed to sign up for the May Pot Luck Lunch. See Elaine Wilson at the meeting

Psalm 51:17 ERV

The sacrifice that God wants is a humble spirit. God, you will not turn away someone who comes with a humble heart and is willing to obey you.



NEWMAN'S CASTLE Belleville, Texas

Bus tour Wednesday May 22 An interesting tour of of a castle built by Mike Newman beginning in 1998, an interesting tour to say the least! Cost for the trip is \$60.00 which includes = **The Bus, Tour and Sack lunch** > Sign up sheet at the meeting. See Cathy Landry!



We need 16 more people signed up for the tour - paid up by checks at the May meeting or it will be necessary to cancel the trip! Don't miss out!

Senior Pals Movie Theater

Sponsored by the Conservatory at Alden Bridge

Wednesday, April 17th. 1:00 pm -doors open 12:30 pm

Come early! FREE! admission, PopCorn, Candy and bottled water and parking for Senior Pals -Theater is inside the Conservatory -

6203 Alden Bridge Dr. The Woodlands The Great Escape

Movie Theater guidelines

You may bring your own beverage as long as it is a clear liquid

You may bring your own snacks as long as they are not gooey!





★If you have sailed Royal Caribbean, prices may be cheaper

Odyssey Cabin prices for 2 people with taxes and fees included. Category **Type Price**

4D Balcony 2D Balcony \$3177.68. \$3121.68

2E Obstructed Balcony \$2721.68 2V Interior \$2221.68

4V Interior \$2011.68

CRUISE ITINERARY Arrive. Depart 22 OCT ROME (CIVITAVECCHIA), ITALY 5pm

23 OCT FLORENCE / PISA (LASPEZIA) ITALY 7pm 7am

24 OCT CRUISING

26 OCT CARTAGENA, SPAIN 8am. 6pm 27 OCT MALAGA, SPAIN 8am 6pm

28 OCT CRUISING

29 OCT CRUISING

30 OCT PONTA DELGADA, AZORES 6pm 8am

31 OCT CRUISING * 01 NOV CRUISING 02 NOV CRUISING * 03 NOV CRUISING

04 NOV CRUISING

05 NOV CAPE LIBERTY, NJ (NY METRO) 5 am

Contact Bill Netro Travel agent-714-264-6676 if interested Advise him you are traveling with Joan Sabino for Rates

DEPOSIT \$900.00 REFUNDABLE UNTIL JUNE 2025 \$50.00 Onboard Credit!

Please join us for the final concert of our 2023/2024 season. Guest Director Stephen Martin will be leading us. April 19th, 2024 at 7:00 PM

First Methodist Conroe 4308 W Pavis St, Conro Tickets available on our website and at the door

MCCS

in youth, life, spirit, war, and death

mcchoral.org

Adults \$20 Seniors \$15 Students \$5



Buy your Raffle Tickets today at our meeting to support Faith Formation Scholarships and maybe get lucky and win! Tickets \$1.00 @ or 6 for \$5.00 chances at winning a scratch-off.



Senior Pals Mission Statement

To create a community of faith-minded seniors and individuals seeking to forge meaningful friendships within a small

Aim to foster a sense of belonging for seniors of all faiths, and provide opportunities for seniors to share their life experiences and interests.

Through group activities, volunteering, and supporting one another, we aspire to instill a strong sense of community and provide comfort to those in need.

Our forum serves as a trusted space for seniors of all faiths to make new friends, explore new places at their own pace, and discover exciting events happening in our vibrant community.



FANTASTIO 16 day TransAtlantic Cruise aboard the Royal Caribbean VOYAGER OF THE SEAS. 11/10 -11/26/2024 Bill Netro Travel agent - 714-264-6676. Tell him you are traveling with Joan Sabino! · Deposit is \$1000. to reserve cabin and it's fully refundable until July.

There is a a \$50 onboard credit per cabin. Voyager TA cabin prices Per person-Interior stateroom \$1050-Oceanview Balcony \$1663 PORTS listed below.

at 6:00 AM

1 Barcelona, Spain Departs at 5:00 PM 2 Palma De Mallorca, Spain From 8:00 AM - 6:00 PM 3 Valencia, Spain

From 8:00 AM - 6:00 PM 4 Cartagena, Spain

From 8:00 AM - 6:00 PM 5 Málaga, Spain From 8:00 AM - 6:00 PM

6 Cruising Day at sea 7 Madeira (Funchal), **Portugal** From 8:00 AM - 5:00 PM 8 Gran Canaria, Canary Islands From 9:00 AM - 6:00 PM 9 Tenerife, Canary Islands From 8:00 AM - 6:00 PM 10 - 16 Cruising Davs at sea! 17 Orlando Port Canaveral **Florida** End of cruise. 11/26 Arrive