'Here you're among friends"

From The Presidant's Desk

Senior Pals

Our Saturday, March 9th meeting will 'be held from 10:00 am until 12:00 pm. in Sheltz Hall and also in the future

•We will have our guest speaker Kendra Lawson, Director of the Conservatory at Alden Bridge. She will be talking to us about Senior Living Options. LUNCH! The Conservatory will be providing us Our speaker for the April meeting will be Erin

Lucke, Attorney who will discuss Senior Legal issues



NEWMAN'S CASTLE

Belleville, Texas Bus tour Wednesday May 22 An interesting tour of of a castle built by Mike Newman beginning in 1998 an interesting tour to say the least! Cost for the trip is \$60.00 which includes

\ The bus, Tour and sack lunch Sign up sheet at the meeting.

The **Annual German Heritage Festival** returns to Tomball from March 25-27. There will be vendors, live, music, street performers, food and drink celebratng Tomball's German roots.

Located Downtown Tomball near 201 S. Elm St., Main Street and Market Street near the Tomball Historic Depot Plaza. With it's close proximity we will either drive ourselves or have rides shares if interested



A special Thank you to Art Dominguez who stepped up to the plate and produced the February Senior Pals Newsletter in my place while I was

recovering from surgery in January. Al Sabino-Éditor GREAT JOB! And many thanks to all who reached out to me during this trying time. I appreciate your concern and well wishes, Al Sabino-Editor

volunteers needed! To sign up to bring food for the April meeting See Elaine Wilson. More people are needed to arrange one or more of our monthly luncheons/Happy Hours. Volunteers are needed or we may need to discontinue them.

SHOW FUN-FILLED KING & QUEEN FESTIVITIES CONTEST

4-11 9:00 am

Lone Star Convention Center

Senior Pals Luncheon:

Tuesday March 19, @1:00 pm 4223 Research Forest Dr. Affordable Lunch menu Seating in a private room'. Come join Your Senior Pals! Seating for 25 only- sign up at the meeting!. See **Carla** to sign up.



65 & OLDER

SENIOR PALS LUNCH CRUISE

Tuesday, March 26th, 2024 - We are currently planning a Lunch cruise on Lake Conroe. Cruise includes food, and interesting views on a weekday, from 12 p.m. to 2 p.m. This is a Car pool trip and we will need to know who signed up or can drive or needs a ride. You will need to arriive no later than 11:30 am! You need to Sign in at March meeting and make a check for \$55.00 to St. Anthony to secure trip!.

★Crighton Theatre ★

234 Main St., Conroe

•10 tickets on hold- Tickets \$23.00@ The Buddy Holly Story 4/14/24 2:00 pm 7/14/24 Beauty and the Beast 2:00 pm.

Must be paid for by 3 weeks prior to each show by check made out to St. Anthony! See Joan Sabino for info and Payment

100 Scarborough Dr. Ste A3-A4 Conroe, TX (Gladstell off of 45S MARSALAS Thursday, April 25 th. 2:00pm to 4:00 pm Luncheon specials until 4:00 pm & Happy hour with reasonable prices, great servers and delicious

menu. Space will be limited to 20 patrons-Sign up with Linda Sauceda at the meeting- There will be a wait list.





FANTASTIC! 16 day TransAtlantic Cruise aboard the Royal Caribbean VOYAGER OF THE SEAS. 11/10 -11/26/2024 Bill Netro Travel agent - 714-264-6676. Tell him you are traveling with Joan Sabino! • Deposit is \$1000. to reserve cabin and it's fully refundable until July.

There is a a \$50 onboard credit per cabin. Voyager TA cabin prices Per person-Interior stateroom \$1050-Oceanview Balcony \$1663 PORTS listed below.

1 Barcelona, Spain Departs at 5:00 PM

2 Palma De Mallorca, Spain From 8:00 AM - 6:00 PM 3 Valencia, Spain

From 8:00 AM - 6:00 PM

4 Cartagena, Spain From 8:00 AM - 6:00 PM

5 Málaga, Spain From 8:00 AM - 6:00 PM 6 Cruisina

Day at sea

7 Madeira (Funchal), **Portugal**

From 8:00 AM - 5:00 PM 8 Gran Canaria, Canary Islands From 9:00 AM - 6:00 PM 9 Tenerife, Canary Islands

From 8:00 AM - 6:00 PM 10 - 16 Cruising Days at sea! 17 Orlando (Port Canaveral),

Florida End of cruise, 11/26 Arrive

at 6:00 AM



Odyssey Cabin prices for 2 people with taxes and fees included Category Type Price
2D Balcony \$3177.68. 4D Balcony \$3121.68
2E Obstructed Balcony \$2721.68 2V Interior \$2221.68
4V Interior \$2011.68
CRUISE ITINERARY Arrive Depart

Ψ ΠΙΙΟΠΟΙ Ψ2011.00			
CRUISE ITINERARY	Arrive	Depart	
22 OCT ROME (CIVITAVECCHIA), ITALY		5pm	
23 OCT FLORENCE/PISA(LASPEZIA)ITAL	Y 7am	7pm	
24 OCT CRUISING			
25 OCT VALENCIA, SPAIN	8am	6pm	
26 OCT CARTAGENA, SPAIN	8am	6pm	
27 OCT MALAGA, SPAIN	8am	6pm	
28 OCT CRUISING * 29 OCT CRUISING	NG		
30 OCT PONTA DELGADA, AZORES	8am	6pm	
31 OCT CRUISING * 01 NO	V CRUISING	i	
03 NOV CRUISING. * 04 NO	V CRUISING	à	
05 NOV CAPE LIBERTY, NJ (NY METI	RO) 5 am		
Contact Bill Netro Travel agent-714-264-6676 if interested			

Would you like to get a sneak peak of the full performance of the NEWSIES JR. play by St, Anthony's School kids before they come to do a shorter version at our May meeting? Performances are 4/12 @ 6:30 pm and 4/13 @ 2:00 pm in the Gym Tickets are \$5.00 at the door

Advise him you are traveling with Joan Sabino for Rates DEPOSIT \$900.00 Refundable until June 2025

MONTGOMERY COUNTY SR. CITIZEN'S DAY WILL BE ON THURSDAY FAIR & RODEO APRIL 11, 2024! Free entrance & free parking Car pool trip - At the Lone Star Convention Center, sign up at the meeting with Cathy Landr

Membership Officer will be needed for the the new year 2024, as Brigitte Mangenheim will be resigning and moving out of the area. Thank you for your service, we will miss you/

Please take this copy of Emergency Response Procedures with you to the meetings for reference in the event of an emergency

EMERGENCY RESPONSE PROCEDURES

Will provide aid with help from 1 other volunteer as needed.

Lynn Parisi + Sharon Bowen will wait outside for EMT's and escort them to emergency site.

The rest of us will give these volunteers all adequate room to work.

Fire or Other Building Peril!

- 1. **EVERYONE** ! remember the person seated to your **right**
- **2.** All exit the room and gather across the court under the roof of the Church Administration building Let's help those in need of help!
- **3.** Each one of us is to account for the person who was sitting to our **right** during the meeting
- **4**. Once all of us are accounted for, **Tom Maguire** will determine what we need to do next

Senior Dals Movie Theater

Sponsored by the Conservatory at Alden Bridge

Presents

BEN - HUR

Starring Charleton Heston Jack Hawkins Steven Boyd Haya Harareet



Wednesday, March 20th, at 1:00 PM. Doors open at 12:30. Come early! We will be presenting behind-

the scenes fun facts, free admission, Popcorn, Candy, bottled water and parking. Senior Pals Movie theater is located inside the Conservatory at Alden Bridge, 6203 Alden Bridge Dr., The Woodlands.

We have a classic movie showing the 3rd Wednesday of Each month!!

". Today is the oldest you have ever been and the youngest you will ever be again" Eleanor Roosevelt

MARCH BIRTHDAYS &

		Sandy Lastrapes	03/11
Mary Wagenhals	03/02	Teresa Hernandez	03/11
Sue Basuino	03/04	Molly Smith	03/15
Jean Gionas	03/08	Blanca Galano	03/17
Constance Vargas	03/10	Jack Angel.	03/23

"You can live to be a hundred if you give up all the things that make you want to live to be a hundred." - Woody Allen

2 Chronicles 26:5 (NLT)

Uzziah sought God during the days of Zechariah, who taught him to fear God. And as long as the king sought guidance from the Lord, God gave him success.



Senior Pals Mission Statement

To create a community of faith-minded seniors and individuals seeking to forge meaningful friendships within a small group setting.

Aim to foster a sense of belonging for seniors of all faiths, and provide opportunities for seniors to share their life experiences and interests.

Through group activities, volunteering, and supporting one another, we aspire to instill a strong sense of community and provide comfort to those in need.

Our forum serves as a trusted space for seniors of all faiths to make new friends, explore new places at their own pace, and discover exciting events happening in our vibrant community.

SENIOR PALS MEETING SCHEDULE FOR 2024

Saturday, March 9th	10:00 am - 12:00 pm
Saturday, April 13th	10:00 am - 12:00 pm
Saturday, May 4th	10:00 am - 12:00 pm
Saturday, June 8th	10:00 am - 12:00 pm
liou Noweletter online	

View Newsletter online: ap.church/seniorpals

SENIOR PALS OFFICERS 2023 / 2024

President • Art Dominguez • • • • 281-622-7703 Cathy Landry Linda Sauceda Vice President • Treasurer • Carla Chambers Secretary • Trip Chair • Martha Britton Membership• Brigitte Mangenheim William Lessmann Greeter • Elaine Wilson Hospitality • Senior Pals Newsletter • Al Sabino Program Chair • Joan Sabino Flock Notes + Raffle Sharon Bowen