



NEWSLETTER



FROM THE PRESIDENT'S DESK

Our Saturday, March 18th meeting will be held from 9:45 am -11:45 am in Sheltz Hall and we will be playing Bingo , as our planned speaker had a death in his family

The Saturday, April 15th meeting will feature *Martha Britton, a local realtor and Senior Pal Member speaking on downsizing to move.*



Tuesday, March 28th @ 4:00pm
3091 College Park Dr., Ste.290
 Wine by the glass @ \$5, along with a small selection of beer. In addition to their Happy Hour Eat, you can order from the regular menu. Pay at registers, pick up a number and fill your drinks. Your food delivered to you according to your number. Fast service, lots of employees and outside tables available according to weather. **Contact Jim Meyer @ 936-232-2456**
 Go to (<https://www.cafe-express.com>) and sign up for **EClub** for a free dessert and More Special Offers.

National Museum of Funeral History -Wednesday 3/22 @11:30 am
 Discover America's largest collection of authentic, historical funeral service items. Beyond funerals of Presidents and Popes, Cremation, focus on 911, George W. Bush and More!

- Carpool available as needed @ St. Anthony's at 10:45 am.
- Contact Joan Sabino 281-298-6683 or provide your own transportation to 415 Barren Springs Drive, Houston to meet at the the Museum @11:30 am for a Docent led tour.
- Entrance fee- \$9.00@ plus we will collect \$3.00 for gratuity to the Docent. Lunch will be on your own or together at several food venues in the area.

NOTE! This amazing exhibit is upcoming in April. Contact the National Museum of Funeral History @281-876-3063 or check website <https://www.nmfh.org>

THE MOST FAMOUS BURIAL OF ALL TIME: THE SHROUD OF TURIN
The Shroud of Turin is an ancient linen cloth that holds a mysterious image of a scourged and crucified man. It is widely regarded as the most scientifically studied artifact in history, yet no one can explain how the mysterious image was formed.






EXHIBIT OPENS APRIL 27, 2023

BeeWeaver Honey Farm
16481 CR 319 Navasota, TX 77868
 Weaver's Bee Farm tour date has been changed to April 25th. Price for trip is \$49.00 pp which includes the bus, admission to The Bee Farm and lunch which will need to be pre-ordered. Contact: *Linda Saucedo - 775-815-0629*
We only have 26 spots available, so get you checks in early!





ELECTIONS IN JUNE
Elections are fast approaching. Joan Sabino will be stepping down as President and Cathy Landry will step down as Treasurer. Thanks to them for their time, efforts and commitments.
In addition, our committee members have been doing their "jobs" for many years and may also wish to step down for not.
Please prayerfully consider how you can use your gifts and talents to help our organization.

April's SP Luncheon will be on
 Wednesday, April 12 at 1:00 pm
Cilantro's Mexican Grill
 314 SAWDUST RD., THE WOODLANDS, TX 77380- (281) 419-3180
<https://cilantromexicangrill.com>
 • Contact Lynn Parisi: 727-647-8778
 Happy hour is from 11AM - 6PM every day featuring >
 HOUSE MARGARITAS \$ 2.99 • DOMESTIC DRAFT BEERS \$1.99
 IMPORTED BOTTLED BEERS \$ 4.50 • DOMESTIC BOTTLED BEERS \$3.50
Also featuring Daily specials.




HOUSTON ASTROS VS MINNESOTA TWINS
MONDAY, MAY 29, 2023
 MINUTE MAID PARK, HOUSTON

★ Tickets \$73.00 includes Bus, entrance/seat just past 3rd base. Bus will leave from St. Anthony's at 1:00 pm. Game Starts at 3:00 pm - Return at approximately 6:30 pm.

★ Payment by Check made out to St. Anthony's by March Meeting. Open to Senior Pals and friends until then. Any unclaimed seats will be opened to any other church members. **Contact: Dick Musial @ 772-919-2234 for information**

Matthew 6:34 (MSG)
 Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.



MARCH BIRTHDAYS

Mary Wagenhals 03/02	Chris Crowe 03/11	Michelle Zent 03/20
Sue Basuino 03/04	Sandy Lastrapes 03/11	Barbara Backner 03/25
Jean Gionas 03/08	Molly Smith 03/15	Laurie Clay 03/26
Constance Vargas 03/10	Beverly Wooley 03/18	Patty Mercer 03/28



PLEASE BRING CHECKBOOK OR CASH TO PAY FOR TRIPS AT THE MEETING IF INTERESTED

COME SAIL WITH THE ST. ANTHONY'S SR PALS



CRUISE GREECE TO SPAIN

November 6 to November 13, 2023

Refundable deposit: \$500.00 per cabin -
Final payment: August 8, 2023
★ Oceanview cabin for 2 - \$1826.98
★ Interior cabin for 2 - \$1376.98
For more information call:
Lynn Parisi - 727-647-8778 or

Enchantment of the Seas **Kristi Goodman 281-253-9655**

or Email: kristigoodman@cruiseplanners.com

DAY	PORT	SCHEDULE
1	Athens (Piraeus), Greece	Departs at 4:00 PM
2	Mykonos, Greece	•Tendered from 8:00 AM- to 6:00 PM
3	Santorini, Greece	•Tendered from 8:00 AMto 6:00 PM
4	Chania (Souda), Crete	From 8:00 AM to 5:00 PM
5-6	Relaxing Days cruising at sea →	
7	Palma de Mallorca, Spain	From 8:00 AM - 7:00 PM
8	Barcelona, Spain.	Arrives at 6:00 AM

NEW!

Have a recipe you would like to share?



In the past we have featured recipes that you may have enjoyed. The board has decided to offer the opportunity to print your favorite or family recipes to share with our members. For each published recipe we ask for a \$5.00 donation for each recipe to defray normal operating costs. Recipes will be published as space allows and in the order received. We do have limited space, so bear in mind the size of your recipe.

The recipe can be sent to Al Sabino-ubnjtx@yahoo.com - or brought to the meeting for inclusion in the newsletter. *Include name/contact # with submission*

Stuffed Eggplant with Shrimp and Basil

Prep 35 min • Cook 45 min • Ready 1hr 20 min
Serve with Orzo and a green salad - (2 Servings)

Ingredients

- 1 eggplant, halved lengthwise
- 1/2 cup Olive oil , divided
- Salt & Pepper to taste
- 8-10 Medium shrimp-peeled, deveined and chopped
- 1/8 cup chopped fresh basil
- 1 cup Italian bread crumbs
- 1/2 cup white wine
- 3-4 cloves garlic, chopped



Directions

- Preheat oven to 350 degrees F. Scoop out the flesh of the eggplant - sprinkle lightly with salt and let sit for 15 minutes (rinse and pat dry). Chop and reserve. Coat shells with olive oil and season with salt and pepper. Set aside.
- Heat 1/4 cup olive oil in a large, deep skillet over medium high heat. Sauté Shrimp, basil and galic until shrimp turns pink (about 1+ minute) . Stir in reserved chopped eggplant. Season with salt and peppe to taste. Pour in wine, and cook 5 minutes.
- Transfer to a large bowl, mix in the bread crumbs and 1/4 cup Parmesan cheese. *If mixture is dry, stir in more olive oil.* Stuff mixture into eggplant shells and sprinkle top. with remaining Parmesan cheese.
- Bake in preheated oven for 30 to 40 minutes until eggplant is tender.

SENIOR PALS MEETING SCHEDULE FOR 2023



- Sarurday, April 15th
- Saturday, May 13th
- Saturday, June 24th

All meetings begin @ 9:45 am. until 11:45 am. @ Sheltz Hall

★ If you have internet access be sure to check the website prior to the meeting, If you receive "Flock Notes" check for any additions or changes- or call Joan Sabino 281-298-6683
A current copy of the newsletter is normally posted online the Wednesday or Thursday prior to the meeting. Directions how to access are as follows:
Go online to ap.church, then select "Connect".
When you do that you will then select "Organizations". At the bottom of the list you will see "Senior Pals". Select that to access our information. *Dates may change due to circumstances beyond our control*



➔ **Help Wanted! Trip Committee** members to suggest and arrange trips, both carpooling and bus trips.

We also need someone to run monthly luncheons. You don't need to commit to more than one a month, or finish out the year until June.

Pick a location and arrange with the manager to accommodate 20 -30 people, that will provide separate bills for each person **You** choose the date @ 1:00 pm.



Friday, March 24th the youth Rodeo starts at 6:30 p.m. with the 'real' Rodeo to start at about 8:00 PM. We plan to arrive by 6:00 p.m. to have time to park and meet at the arena. Those not needing a carpool would drive themselves. Those who carpool will meet at the church at 5:30 p.m.

Cost is \$10 if you buy your ticket online or \$15 on the day.

Each person obtains and pays for their own ticket. There is also a \$5 parking fee per car which can be paid ahead of time or at the gate. Those who carpool can contribute to the parking fee for the driver.

Website to buy tickets :

<https://mcfa.saffire.com/tickets>
Montgomery County Fairgrounds
9201 Airport Road

Holy Week Relics

Holy Week Monday through Holy Thursday 10 am - 2 pm. Relics of St. Peter, St. Thomas, St. Simon and St. Jude will be set out for veneration in :



Our Lady of Angels Chapel

GOOD FRIDAY • Relics of the Wood of the True Cross, The Blessed Mother, and Mary Magdalene will be set out for veneration from 10:00 am until 2:00 pm



SENIOR PALS OFFICERS 2023

President -	Joan Sabino	281-298-6683-H
Vice President -	Linda Saucedo	775-815-0629-C
Treasurer -	Cathy Landry	832-928-4291-C
Secretary -	Carla Chambers	510-593-0303-C
Membership -	Art Dominguez	281-622-7703-H
Hospitality -	Sharon Perreault	936-890-5383-H
Trip Committee -	Lynn Parisi	727-647-8778-C
Program Chair -	Linda Saucedo	775-815-0629-C
Newsletter-	Al Sabino - ubnjtx@yahoo.com	281-415-8153-C