



NEWSLETTER

FROM THE PRESIDENT'S DESK

Our Saturday, November 19th meeting will be held from 9:45 - 11:45 am in Sheltz Hall.

✿ **GUEST SPEAKER November**

Our own member, Belinda Terro Mooney will speak about Therapeutic Lifestyle changes

December 10th meeting will be our Christmas Party.



Catering will be by Jason's Deli @ the cost of \$10.00 per person - limit of 75 participants, Payable when signing up. See Linda Saucedo at the meeting.

Entertainment will be Bingo with scratch off lottery tickets for the winners. Guests are requested to bring non-perishable foods for the food pantry.



Lama Mediterranean, 1644 Research Forest Dr, Shenandoah. Wed, Nov 30th 4:00pm Sign-up at our Saturday Nov 19th Senior Pals meeting.

Ample parking is in front of restaurant or on the east side of restaurant located in a strip center on the north side of Research. They have a good web site. Wine and beer is served. The menu also has Persian and Greek cuisine. Call Jim Meyer for more information at: 936-321-8606 home or 936-232-2456 cell.



➔ **Help Wanted! Trip Committee members to suggest and arrange trips, both carpooling and bus trips. 2 committee members required for bus trips.**

✿ **We need someone to run monthly luncheons.**

There are no luncheons scheduled until January unless someone steps forward and arranges one. You don't need to commit to more than one a month, or finish out the year until June. Lynn Parisi will schedule April's lunch. Pick a location and talk with the manager to accommodate 20-30 people and provide separate bills for 1:00 pm on the day of your choice..

Our next Trip Committee meeting is Tuesday, 11/29 at 10:30 am in the Parish Life building Room 209. you are welcome to attend and participate -Contact Lynn Parisi = 727-647-8778 for info.

PLEASE BRING CHECKBOOK OR CASH TO PAY FOR TRIPS AT THE MEETING IF INTERESTED

COME SAIL WITH THE ST. ANTHONY'S SR PALS



November 6 to November 13, 2023

DAY	PORT	SCHEDULE
1	Athens (Piraeus), Greece.	Departs at 4:00 PM
2	Mykonos, Greece	-Tendered from 8:00 AM - 6:00 PM
3	Santorini, Greece	-Tendered from 8:00 AM - 6:00 PM
4	Chania (Souda), Crete	-From 8:00 AM - 5:00 PM
5 - 6	Relaxing Days cruising at sea	
7	Palma de Mallorca, Spain	-From 8:00 AM - 7:00 PM
8	Barcelona, Spain.	Arrives at 6:00 AM

Refundable deposit: \$250.00 pp - Final payment: August 8, 2023
Oceanview cabin for 2 - \$1826.98 ✨ Interior cabin for 2 - \$1376.98
For more information call: Joan Sabino -281-298-6683 , Lynn Parisi - 727-647-8778 or Kristi Goodman ... 281-253-9655 or Email kristigoodman@cruiseplanners.com

FUNERAL MUSEUM HOUSTON

415 Barren Springs Drive Houston,
A carpool trip that was planned for November 15 has been cancelled because a Docent was not available and has been

rescheduled for Tuesday, November 22nd.

Admission is \$9.00 for seniors. Cathy Landry 832-928-4291

We will have a Docent to give us a tour, so plan to contribute a little gratuity for the Docent.

Tentatively we will leave St. Anthony about 10 a.m. We will then have plenty of time for the tour and then will go to the Saltgrass Steak House nearby for lunch on your own.

"For I know the plans I have for you, says the LORD, plans for welfare and not for evil, to give you a future and hope."
Jeremiah 29:11

SENIOR PALS MEETING SCHEDULE FOR 2022/23

- 2022 Saturday, November 19th
- 2022 Saturday, December 10th
- 2022 Saturday, January 14th
- 2022 Saturday, February 11th
- 2022 Saturday, March 18th
- 2023 Saturday, April 15th
- 2023 Saturday, May 13th
- 2023 Saturday, June 24th

✿ If you have internet access be sure to check the website prior to the meeting, If you receive "Flock Notes" check for any additions or changes- or call Joan Sabino 281-298-6683
A current copy of the newsletter is normally posted online the Wednesday or Thursday prior to the meeting. Directions how to access are as follows:
Go online to ap.church, then select "Connect".
When you do that you will then select "Organizations". At the bottom of the list you will see "Senior Pals". Select that to access our information. Dates may change due to circumstances beyond our control

All meetings begin @ 9:45 am. until 11:45 am.
@ Sheltz Hall



GALVESTON -7-Night Western Caribbean
Galveston, Texas • Cruising • Roatan, Honduras • Costa Maya, Mexico • Cozumel, Mexico • Cruising • Galveston, Texas

Allure of the Seas ✨ **02/26/2023 TO 03/05/2023** ✨
Cruise!!! Last Chance! Book now while still available!
Get your cabin now and sail with friends out of our home port on one of Royal Caribbean's largest ships with so many activities and venues to explore Prices will be at prevailing rate.
For more info call Joan Sabino @ 281-298-6683
contact: Kristi Goodman -Our travel agent @ 281-253-9655.

November Birthdays			
Linda Brown	2nd	Mike Arnold	9th
Joe Weber	4th	Lorene Suggs	9th
Harold Schambach	6th	Patti Emerson	11th
Albert Duffel	8th	Sharon Bowen	13th
Lynn Parisi	8th	Brenda Maldonado	18th
		Maria Godzina	19th
		Virginia Mansour	21st
		Cheryl Nu	26th
		Susan Tueck	22nd
		Laura Harville	27th
		Joan McLean	27th

SENIOR PALS OFFICERS 2022

President -	Joan Sabino	281-298-6683-H
Vice President -	Linda Saucedo	775-815-0629 -C
Treasurer -	Cathy Landry	832-928-4291-C
Secretary -	Carla Chambers	510-593-0303-C
Membership -	Art Dominguez	281-622-7703-H
Hospitality -	Sharon Perreault	936-890-5383-H
Trip Committee -	Lynn Parisi	727-647-8778-C
Program Chair -	Linda Saucedo	775-815-0629 -C
Newsletter- Al Sabino - ubnjtx@yahoo.com		281-415-8153-C