

# CHOOSE YOUR SPONSOR

## **The Sponsor's Role:**

- Is a role model of Christian living for the Catechumen/Candidate, through daily prayer, virtue and active participation in parish life and liturgy.
- Nurtures a close personal and spiritual relationship with the Catechumen/Candidate during the preparation year and throughout their lifetime.
- Listens to and shares in their maturing struggles and triumphs in living a Christian life.
- Keeps informed of Catholic Christian doctrine and values to be able to answer questions when they arise.
- Encouraged to attend Easter Vigil Mass and Rehearsal. A proxy can stand in place of the Sponsor if needed. The proxy may be a parent, but must meet all the same requirements of a Sponsor.

## **Sponsor Requirements:**

- The sponsor must be selected by the candidate or parents and be willing to accept the role.
- Only one Sponsor per Catechumen/Candidate.
- The sponsor must be at least 16 years of age.
- The sponsor must be a Catholic who has been Confirmed and has received the sacrament of the Most Holy Eucharist and lives a life of harmony with the Catholic faith and the role to be undertaken.
- If married, the sponsor must be married in the Catholic Church.
- The sponsor must not be bound by any canonical penalty legitimately imposed or declared.
- The sponsor may not be the parent of the one to be Baptized/Confirmed.