

# MARCH BIRTHDAYS

Viana Lewis 3rd  
 Sue Basuino 4th  
 Jeanne Byrns 5th  
 Krystyna Pawulski 6h  
 Jean Gionas 8th  
 Constance Camacko 10th  
 Barbara Meyers 14th  
 Traude Beckman 15th  
 Fay Pevey 16th  
 Mr. Russ 17th  
 Beverly Wooley 18th  
 Leonard Hardy 18th  
 Barbara Backner 25th  
 Helen Burwell 28th  
 Patty Mercer 28th



*If you have a friend or know of someone who may be interested in our Senior Pals organization, Please do not hesitate to introduce them to us.*

*You are all valued members of our community and your input, along with your participation is greatly appreciated.*

*God Bless you.  
 Saint Anthony, Pray for us*



St. Anthony of Padua CATHOLIC CHURCH FEBRUARY 29, 2020

# NEWSLETTER

FEBRUARY 29, 2020 (MARCH) MEETING

Bishop Sheltz Fellowship Hall - Saturday 10:00 am to 12:30 pm

*\*Due to conflicting schedules, the MARCH Meeting is held on February 29th, 2020, FEBRUARY SPEAKER*

The Woodlands Fire Department will be giving information on Safety tips for Seniors at this meeting.

The Speaker scheduled for the April 4th meeting will be Sergeant Ronnie Glaze, from the The Precinct 3 Montgomery County Constable's Office K-9 Unit.

He will have one of their dogs with him. These dogs are trained to sniff out drugs, bombs etc.

This will be a very informative and enjoyable program, be sure to come!

*Acts 15:11  
 But we believe that we are all saved in the same way, through the grace of the Lord Jesus.*

**★ REMINDER! ★**  
 THERE WILL BE NO RAFFLE AT THE MARCH MEETING!

**★ WELCOME! ★**  
 Anyone 50 + is invited to join our community! There are monthly meetings, trips, plus Luncheons, and other activities to participate in. Check the bulletin or the ap.church website under : Senior Pals , for the monthly meeting times and other events. For info: Helen Burwell 281-419-3515

## SECOND FAMILY CARE TEAM

Is a homebound program focused on helping individuals living with illness or other challenges of aging. Volunteers offer support and companionship to homebound individuals. To learn more and how you can help call Joan-281-298-6683



## Royal Caribbean Jewel of the Seas TransAtlantic Crossing November 26 through December 11, 2020

**15 NIGHT: Rome to Galveston Cruise:** Leaving from -Rome (Civitavecchia) Italy, Onboard the Royal Caribbean- Jewel of the Seas. Contact: Seashore Escapes for more info: Kim Perfetto- Travel Advisor - 727-203-5241 - Cabin fares and deposit based on double occupancy to include taxes and Port Charge- until a deposit is placed, all pricing and availability is subject to change. All cabin fares valid until July 28, 2020.

- \$50.00 Onboard credit per cabin when deposited by April 25, 2020
- \$1791.54 Interior Cabin
- \$1991.54 Ocean View Cabin
- \$2431.54 Balcony Cabin
- \$435.00 Gratuities per cabin



\$900.00 Fully refundable  
 Deposit until final payment date of August 28, 2020. After July 28, 2020 cabin fares subject to Royal Caribbean prevailing rates.

Contact Joan Sabino 281-298-6683 or doulamom4mom@yahoo.com

## STATIONS OF THE CROSS Fridays during Lent

- 7:00 pm Stations in English
- 8:30 pm Stations in Spanish

The purpose of this devotion is to focus on the Passion of Jesus Christ



## FUTURE MEETING DATES

*\*Due to conflicting schedules, the MARCH Meeting is held on*

*February 29th, 2020,*

- April 4th, 2020
- May 9th, 2020
- June 6th, 2020

**July- NO MEETING!**

- August 8, 2020

## SENIOR PALS OFFICERS 2020

President:	Helen Burwell	• H- 281-419-3515
Email -	helen.burwell@gmail.com	• C -936-537-1132
Vice President:	Debbie Perrotta	• 281-923-1518
Treasurer:	Dick Johnson	• 936-588-4802
Program Director:	Bob Perrotta	• 281-825-7404
Hospitality:	Nidia Drewery	• 832-439-5670
Membership:	Lynn Parisi	• 727-647-8778
Newsletter:	Alfred Sabino	• 281-415 -8153

E-mail: ubnjtx@yahoo.com \* When sending e-mails PLEASE put "Senior Pals" first in Subject line!

## TRIPS & ACTIVITIES

**MARCH 8th, Sunday, 2:30 pm.** The play "FROZEN Jr" by Class Act Productions @ Nancy Bock Theater, The Woodlands  
Cost \$15.00 - Contact Patty Mercer 281-367-5359



**MARCH 19th, Thursday at 1 pm Lunch at LUPE TORTILLA**  
19437 I-45 North Feeder in Shenandoah. Average priced Mexican food and the BEST. Contact Elaine Wilson 832-859-0975 for information



**MARCH 25th, 2020 Trip to Waco, TX -Magnolia Farms**

Leaving @ 8:00 am from St. Anthony's and Return at 7:30 pm  
Cost: \$55.00 pp. Lunch on your own. Unfortunately, Magnolia Table does not have room to accommodate everyone going to Waco on 3/25. But here are numerous food trucks available on the Silos site, many of whom have daily specials. To see a list of many of the regulars, use this link.



<https://magnolia.com/an-inside-guide-to-food-trucks-at-the-silos/>

Along with it is **The Magnolia Market**, a nationally recognized boutique home decor store founded by Joanna Gaines. The store features a hand selected collection of unique and inspiring design items featured in her farmhouse and on her HGTV show, "Fixer Upper." Contact : Arlene McGuire 936-760-9610 or seanathair@consolidated.net



**MARCH 26th -Thursday 4pm- 6pm - SENIOR PALS GET TOGETHER / HAPPY HOUR RECONNECT - LANDRY' S SEAFOOD - THE WOODLANDS WATERWAY 1212 LAKE ROBBINS DR**

Please Join Us--Seating on the partially covered patio. Early specials include blackened chicken quesadilla (\$5), fried crab balls (\$5), coconut crunchy shrimp (\$6), or fish tacos (\$7); the HH drink menu has draft beer @ \$2.75, \$3.75, wine by the glass @ \$6 or \$8, (premium) cocktails as Gold Margarita or Mai Tai, \$6, select Spirits, \$4.50 \* Order or supplement the above from dinner menu.... Claim discounts with AAA or AARP card or "points" with Landry's Select card.

- Contact Jim Meyer, jmeyer16@comcast.net or 936-232-2456
- Please sign-up at Sat Feb 29th 10am Senior Pals meeting.

**APRIL 3rd, Friday** early dinner at 5 pm. Be the first in serving line for the last fish fry before Easter week. Knights of Columbus annual LENTEN FISH FRY at the church. Come and enjoy a wonderful fish dinner and support the **K of C**. Contact Elaine Wilson 832-859-0975 for more info.

**Tuesday, April 21, 2020 Trip to NASA Johnson Space Center** Cost is \$50 LUNCH INCLUDED. Leave at 9 am and return at 5 pm.

**SPACE** is still available (no pun intended)

Contact Dick Johnson: 936-588-4802 for more information.



**MAY 9TH SATURDAY, 2:00 pm INTO THE WOODS-** The Woodlands High School Tickets \$10.00 @.Contact Patty Mercer-281-367-5359

**MAY 6th Wednesday @ 3:00 pm Senior Pals Lunch**

-Let's celebrate LINNER together -. . .

SO WHAT IS LINNER??? SOUNDS GOOFY . . . RIGHT!!!! But it is Lunch and Dinner together in the middle of the afternoon!!! At the **Olive Garden Restaurant** south of Woodlands Pkwy on the I-45 feeder south **Olive Garden** offers Early Dinner Duos - PLUS Soup, Salad and Bread Sticks . . .

**ALL . . . for . . . \$8.99!!!!**

Contact Elaine Wilson 832-859-0975 for more information.



CHRIST CHURCH  
UNITED METHODIST  
PRESENTS

**THE CEMETERY CLUB**

6363 Research Forest Drive,  
The Woodlands, Texas 77381 \* 936-273-2030

<https://www.cc-um.org/community-theater>

SATURDAY, MARCH 28 AT 2:30 PM Tickets \$10.00 @



**All performances are at Christ Church in the Sanctuary**

Contact Patty Mercer 281-367-5359 for info, or at the meeting

## Shrimp Tortellini Pasta Toss

### Ingredients

- 1 package (9 ounces) refrigerated cheese tortellini.
- 1 cup frozen peas
- 3 tablespoons olive oil, divided
- 1 pound uncooked shrimp (31-40 per pound), (peeled and deveined)
- 2 garlic cloves, minced
- 1/4 teaspoon salt
- 1/4 teaspoon dried thyme
- 1/4 teaspoon pepper

### Recipe for Lent



### Directions

Cook tortellini according to package directions, adding peas during the last 5 minutes of cooking.

Meanwhile, in a large nonstick skillet, heat 2 tablespoons oil over medium-high heat. Add shrimp; cook and stir 2 minutes. Add garlic; cook 1-2 minutes longer or until shrimp turn pink.

Drain tortellini mixture; add to skillet. Stir in salt, thyme, pepper and remaining oil; toss to coat.

**Nutrition Facts:** 1-1/4 cups: 413 calories, 17g fat (4g saturated fat), 165mg cholesterol, 559mg sodium, 36g carbohydrate (4g sugars, 3g fiber), 29g protein. Diabetic Exchanges: 4 lean meat, 2 starch, 2 fat.