

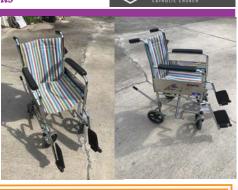
A CHRISTMAS STORY PLAY will be presented at the STONEBRIDGE CHURCH. RDDRESS: 1 STONEBRIDGE CHURCH DR, THE WOODLANDS, TX 77354. OFF OF FM1488 ON DECEMBER 22ND 2:30 PM. COST: \$15.00

If you have a friend or know of someone who may be interested in our organization, Please do not hesitate to introduce them to us. You are all valued members of our community and your input St. Anthony along with your participation is greatly appreciated. of Padua God Bless you. Saint Anthony, Pray for us

# DONATED- LIGHT WEIGHT TRANSPORT WHEELCHAIR AVAILABLE -Contact Al Sabino- 281-415-8153 if you NOVEMBER-

BIRTHDAYS

**Jim Parise** 1st Collen Siemers 1st 5th Carmen Rendon **Bertha Klingman** 7th Rita Wold 7th 8th Lvnn Parisi 9th Mike Arnold Lorene Suggs 9th 11th Patti Emerson 13th Sharon Bowen 18th Roberta De Vos Dorothy Goudelock 18th Virginia Mansour 21st Susan Tucek 22nd **Brian Walsh** 23rd **Cheryl Nu** 26th 27th Joan McLean Laura Harville 27th



REMINDER! 🗘 PLEASE BRING ITEMS FOR THE MONTHLY RAFFLE TO THE MEETINGS

Alaskan Inside Passage Cruise

May 17-24, 2020 On the Holland America **Oosterdam** · Cabins are still available at a discounted price until December 19th Current promotion includes; Beverage package valued @ \$361.00 PP Deposit \$350 per cabin - Refundable before February 15th if interested contact Joan Sabino 281-298-6683 or doulamom4mom@yahoo.com 17 bookings are current



NOVEMBER 9, 2019 MEETING + Bishop Sheltz Fellowship Hall All meetings - Saturdays 10:00 am - 12:30 pm

Due to events beyond our control, there will not be a speaker at this meeting.

FUTURE MEETINGS • Saturday, December 07, 2019 12:00 - 4:00 PM \*Senior Pals Christmas Party Fellowship Hall

Merry Christmas

January 11, 2020 · February 1st 2020 \*Due to conflicting schedules, the MARCH Meeting will be held on February 29th, 2020 April 4th, 2020 • May 9th, 2020 June 6th. 2020

Christmas Party 12/07/2019 Only registered members will be admitted. Make sure you are signed up!

Monetary donations will be collected for Class Act Production Company That will be providing our entertainment. **Divine Mercy Cenacle** is collecting New socks for donations to homeless shelters- Please bring them to the December meeting. Also, Please bring unwrapped

Children's toys to the December meeting



**Bishop Sheltz** Fellowship Hall Treasurer: for info or if you can help .....

# Romans 10:9

"That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God bath raised him from the dead, thou shalt be saved."

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Anyone 50 + is invited to join our community! We host a multitude of events every month! There is a monthly meeting, trips, plus luncheons, and other activities to participate in. Check the bulletin or ap.church website: Senior Pals for the monthly meeting times and other events. For info call: Helen Burwell 281-419-3515

**NOTE!** If you wish, you may **BYOB** to the Christmas party! Don't forget the Corkscrews, and be responsible !



#### SENIOR PALS OFFICERS 2019/20

President: Helen Burwell • H-281-419-3515 Email - helen.burwell@gmail.com • C -936-537-1132 Vice President: Debbie Perrotta • 281-923-1518 Dick Johnson • 936-588-4802 Program Director: Bob Perrotta • 281-825-7404 Trip Committee Elaine Wilson • 832-928-4291 Nidia Drewery Hospitality: • 832-439-5670 Membership: Rita Wold • 281-651-4680 Alfred Sabino Newsletter: • 281-415 -8153 E-mail: ubnjtx@yahoo.com \* When sending e-mails PLEASE put Senior Pals first in Subject line!

# <u>rips & activities</u>



# **November Senior Pals**



Get-Together is Thursday, Nov. 21st at 4:00 PM. It will be at the Citizen's Grill, Americana Kitchen & Bar 315 Enclave Dr., Suite 300, Conroe, across from Xscape Theatre on the north side of 1488 Old Conroe Rd. Sign up Saturday, Nov. 9th, meeting with Elaine Wilson 832-859-0975

NOVEMBER BRUNCH - Tuesday November 26th at 11:30 am at First Watch (formerly the Egg and I) 1620 Research Forest Dr #100 The Woodlands.



The Breakfast/Lunch restaurant is at the intersection of

Research and Six Pines. Contact Elaine Wilson 832-859-0975 for info

### **DECEMBER -- HOLIDAY LUNCH** Monday December 23rd



at 1:00 pm at Carrabba's 25665 I 45 South feeder

BEFORE Rayford/Sawdust intersection. We will be seated at the back

of the restaurant in their group room for up to 30 diners.

Contact Elaine Wilson 832-859-0975 for more info

\*In January of 2020 LUNCH will be at : Zanti Cucina Italian Restaurant. 10000 Research Forest Dr, Magnolia, TX. More info to follow.

Hot Tip: Be on the lookout for a new Italian Restaurant in the Woodlands in the near future: Avanti Italian Ritchen & Wine Bar, 8540 Creekside Forest Dr. Ste. C100, The Woodlands, TX 77375 **TENTATIVE FUTURE ACTIVIES** Holocaust Museum Tuesday, January 14th cost- \$33 We will leave St. Anthony's at 10:00 a.m. and will return about 4:30 p.m. Lunch on your own Barnaby's restaurant.

 Alaska Cruise 5-17 to 5-24 2020- Leaving out of Seattle. Contact Joan Sabino 281-298-6683 or doulamom4mom@yahoo.com Space still available..

NATIONAL MUSEUM OF FUNERAL HISTORY-HOUSTON An intersting and informative trip was enjoyed by all on Weednesday, November 6th..Our members drove and carpooled to the Museum Just past Ritchie Road, Houson. A very informative Docent escorted us around, making us aware of many little known facts while explaing the Exhibits. After enjoying the tour we all went over to the Saltgrass Steakhouse, just a short distance away and had a nice lunch and conversa-



# SHRIMP FAJITAS

1 pound uncooked medium shrimp, peeled and deveined

- 4 tablespoons minced fresh cilantro, divided
- 1 tablespoon plus 2 teaspoons olive oil, divided
- 3 teaspoons Caribbean jerk seasoning
- 1/8 teaspoon chili powder
- 1/8 teaspoon ground cumin
- 1 cup fat-free sour cream
- 1 large onion, halved and thinly sliced
- 1 medium sweet red pepper, cut into thin strips
- 1 medium green pepper, cut into thin strips

8 flour tortillas (6 inches), warmed

1/2 cup salsa



Prep/Total Time: 30 min. Serves:4

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In a large bowl, toss shrimp with 2 tablespoons cilantro, 1 tablespoon oil and spices; let stand 10 minutes. Meanwhile, in a small bowl, mix sour cream and remaining cilantro.

In a large nonstick skillet coated with cooking spray, heat 1 teaspoon oil over medium-high heat. Add onion and peppers; cook and stir until crisp-tender. Remove from pan.

In same pan, heat remaining oil over medium-high heat. Add shrimp; cook and stir until shrimp turn pink. Return onion mixture to pan; heat

through. Serve with tortillas, salsa and sour cream mixture. 2 fajitas with 1/4 cup sour cream mixture and 2 tablespoons salsa: 418 calories, 13g fat (1g saturated fat), 147mg cholesterol, 962mg sodium, 44g carbohydrate (8g sugars, 2g fiber), 29g protein.

#1-Museum Entrance #2 Hearse used for President Regan & G Bush #3 Unique Wooden Hearse #4 Artist made portrait of Lincoln made with Lincoln Pennies #5 Replica of Lincoln's Casket #6 Cremation Oven #7 Popes Hearse #8 Exhibit of Swiss Guard standing watch over the Pope's Body #9 Custom made coffins

