

CMG Safe Haven online training program

This is just another reminder to please complete the new (free & entirely online) *Safe Environment Training* explained below. Then just send me a quick email confirming it's done so that I can check you off our participation list. (If you have already completed the training, and let me know, feel free to remind your fellow group members to do so as well.)

• This training does not cost anything to you or the parish!
It consists of: • Three videos • A background check
• Several short questionnaires about the videos Please go to - www.CMGConnect.org and select (Galveston-Houston)
Please send and email to Father Rafferty to let him know your training is up to date when you have done so.

It would be in your's and everyone's best interest to take the training, whether or not you would be required to do so. There is no question it is the right and moral thing to do (Ed.)



ATTENTION

NATIONAL MUSEUM OF FUNERAL HISTORY-HOUSTON

Joan and Al Sabino are scheduling a trip to this unique and interesting Museum on November 6th. Cost: 55 + and Veterans \$9.00 @. Fully accessible handicap facility offers wheel chair access and benches for resting. Due to the reasonably close proximity of the the Museum we will be either driving seperately or carpooling.

We will meeting at Saint Anthony's and leaving promptly at 9:15 am where you may either drive seperately or get together in a carpool.

A Docent led tour begins at 10:00 am, and on completion, lunch will follow at a Saltgrass restaurant nearby on your own.

Sign ups will continue at the September and October meeting. See Joan or Al or call 281-298-6683 for further info.

SEPTEMBER BIRTHDAYS



Yolanda Quinones, 2nd
Phyllis Blake, 10th
H.T. Duke Niezgod, 16th
Mary Lou Duplantis, 18th
Tommie Ruh, 28th
Dan Foster, 30th
Fernando Quinones, 2nd
Tony Newbould, 9th
Minette Anki, 17th
Dolly Albert, 25th
Adeline Pinky Richter, 30th

★ REMINDER! ★

PLEASE BRING ITEMS FOR THE MONTHLY RAFFLE TO THE MEETING

Alaskan Inside Passage Cruise

May 17-24, 2020

On the Holland America **Oosterdam**
• Cabins are still available if interested contact **Joan Sabino** -281-298-6683 or **doulamom4mom@yahoo.com**
15 bookings are current + options to share a cabin for singles @ lower cost

TAKE ADVANTAGE OF LOWER PRICES AND ONBOARD CREDITS BY OCTOBER 24TH!



St. Anthony of Padua · CATHOLIC CHURCH SEPTEMBER 14, 2019

NEWSLETTER

SEPTEMBER 14, 2019 MEETING

Bishop Sheltz Fellowship Hall
All meetings - Saturdays 10:00 am - 12:30 pm

Guest Speaker - September

Dr. Garry Lambert will speak on Medical Acupuncture

*** September Lunch will be provided by the Conservatory**

The following programs are scheduled;

October: *Russell Lemoine of McCunis-Fox Corp. will speak on Medicare and available supplemental insurance plans.*

• FUTURE MEETINGS •

Saturday, October 12, 2019

Saturday, November 09, 2019

Saturday, December 07, 2019

12:00 - 4:00 PM *Senior Pals Christmas Party - Fellowship Hall

• BAKE SALE •

Sunday, December 8, 2019
7:00 am - 1:00 pm Fellowship Hall
Volunteers needed to help sell and bake goods for the sale

HAPPY NEW YEAR!

NOTE! Due to scheduling conflicts the **March 2020** meeting will be held on

February 29th 2020

All dates are **Saturdays**

January 11, 2020

February 1st 2020

February 29th, 2020 (March)

April 4th, 2020

May 9th, 2020

June 6th, 2020

PROVERBS 21:23

Whoso keepeth his mouth and his tongue keepeth his soul from troubles.

HELP FOR THE HONDURAS MISSION

Arlene is asking for help in getting supplies for the Honduras Mission. She is asking for tennis shoes/sneakers for children. They can be for a boy or girl, but no larger than size 8. Arlene is not asking for expensive shoes. She found some at Walmart for \$5.00 and \$7.00. Please bring them when you come to the meeting on the 14th.

★ WELCOME! ★

Anyone 50+ is invited to join our community!

We host a multitude of events every month! There is a monthly meeting, trips, plus luncheons, and other activities

to participate in. Check the bulletin or ap.church website: Senior Pals for the monthly meeting times and other events. For info call: Helen Burwell 281-419-3515

SENIOR PALS OFFICERS 2019/20

President:	Helen Burwell	• H-281-419-3515
Email -	helen.burwell@gmail.com	• C-936-537-1132
Vice President:	Debbie Perrotta	• 281-923-1518
Treasurer:	Dick Johnson	• 936-588-4802
Program Director:	Bob Perrotta	• 281-825-7404
Trip Committee	Elaine Wilson	• 832-928-4291
Hospitality:	Nidia Drewery	• 832-439-5670
Membership:	Rita Wold	• 281-651-4680
Newsletter:	Alfred Sabino	• 281-415-8153

E-mail: ubnjtx@yahoo.com * When sending e-mails **PLEASE** put **Senior Pals** first in Subject line!

TRIPS & ACTIVITIES

Naskila Casino Trip Cancelled!

It is with a great sense of disappointment we are having to cancel the trip to Naskila Casino Scheduled for the 18th. The casino has outsourced their transportation. The bus company will not come up to The Woodlands to pick us up.

They do have a 'daily' bus that picks up down off I-45 on LOUETTA at WalMart. Those who wish can go there and pay the \$15 to go any day. The man with whom I have been dealing also says they are very close to an agreement with Conroe to have a Daily bus there in the near future.

I will refund your cash or return your check at the September meeting on the 14th. If unable to attend that meeting please call me to make other arrangements. Diane Weynand - 972 839 4064



WILLIE'S GRILL & ICEHOUSE

September 19th- 4:00pm to 6:00pm

\$1 off the house margarita, priced at regularly sm for \$5.99 and lg for \$7.99. Beers are \$.75 less whether domestic, (regularly \$3.99) craft (reg \$4.29), MX (reg \$4.29) 4 kinds. There's quite a variety on the menu, some healthy and a choice of blackened or grilled. There are options for the wine drinkers but no special prices, e.g. chardonnay @ \$7.99 and Merlot \$6.49.

Go to : <https://eclub.williesgrillandicehouse.com/join/> and sign up to get a free appetizer. Contact Jim Meyer at the meeting or 936-232-2456



LUNCHEON for September will be at Woodsons Local Tap + Kitchen 2330 Fm Rd 1488, Conroe, Tuesday September 24th 1:00 pm. Serving Comfort Food and Craft beers. Contact Elaine Wilson 832-859-0975

HAAK WINERY Tour and Tasting in Santa Fe (Texas!) on Wednesday, October 9th, with LUNCH at the Monument Inn in La Porte, a Seafood restaurant overlooking the Galveston Bay. Lunch will be on your own. The Winery Tour and Tasting and Bus will be \$45. Accepting sign-ups and checks at the August meeting and continuing on to the September meeting if our 36 passenger bus is not full. Contact: Elaine Wilson 832-859-0975



**Thursday, October 14th • 4:00 pm - 6:00 pm
The Olive Oil Greek Restaurant at
373 Sawdust Rd., The Woodlands
Contact Jim Meyer - 936-232-2456**



FETTUCCINE ALFREDO WITH BACON AND SPINACH

A classic favorite pasta dish tossed with bacon and spinach



INGREDIENTS

- 1 pound fettuccine (uncooked) • water for pasta as needed
- 1/4 cup butter
- 1 cup heavy cream
- 1 1/2 cups freshly grated Parmesan cheese
- 1/2 teaspoon ground black pepper.
- 2 cups baby spinach, packed
- 4 slices bacon, cooked and crumbled
- * optional: fresh parsley, rough chopped (for garnish)
- 2 cloves garlic
- 1/2 teaspoon salt

PREP TIME 10 MINUTES
COOK TIME 15 MINUTES
TOTAL TIME 25 MINUTES

INSTRUCTIONS

1. Prepare pasta according to package instructions.
2. Melt butter in a medium saucepan over medium low heat. Grate garlic directly into butter, and let mingle for about 2 minutes.
3. Add cream, salt and pepper and simmer for 3 minutes.
4. Whisk in 1/4 cup of the pasta water. Continue to simmer 2 more minutes.
5. Whisk in grated parmesan, continue to whisk until melted, about 2 minutes. Sauce should thicken a bit.
6. Stir in bacon, and spinach; combine, allowing spinach to wilt.
7. Add drained pasta to pan and toss to coat pasta.
8. If desired, garnish with fresh parsley.
9. Salt and pepper to taste.

MCTX Sheriff Issues Reminder about Credit/Debit Card Skimmers

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With our increasing dependence on debit and credit card transactions, we want to provide a little information to you regarding skimmers. In recent years, credit card fraud and identity theft have steadily increased, and many of those crimes involved the use of credit card skimmers. Skimmers have been found on fuel dispensers and ATMs across the country.

Criminals use these devices to secretly steal credit and debit card information, which is used to commit fraud and identity theft.

You can protect yourself by taking some simple steps to deter criminals from installing skimmers, and detect skimmers if they have been installed. Please take a moment to watch the videos that have been linked below to educate you on what to look for regarding credit card skimmers.

★ Follow these simple and easy steps to limit your chances of being a victim to identity theft.

1. Check your account regularly for any suspicious activity.
2. If paying at the pump, use a pump that is close to the attendants. If the pump seal is broken or doesn't have one **DON'T USE IT**. If the lock looks tampered don't use it.
3. Pay inside when possible.
4. Check the credit card machine or ATM for any tampering or any skimming device being added to where you insert your credit card.

Videos on what to look for when using your debit/credit cards.

<https://www.facebook.com/freeportpolice/videos/2165986213428202/>

<https://www.youtube.com/watch?v=oAP7sVh4smc>

https://www.youtube.com/watch?v=F_D7NS3H3Rc

<https://www.consumer.ftc.gov/topics/identity-theft>

Information Source: Lieutenant Scott Spencer- Montgomery County Sheriff's Office Administrative Services Division