APRIL BIRTHDAYS Fred Coltson, 3rd

Mary Jankura 4th

Jean Ritter 9th

Thomas Pavis 9th

Jim Meyer, 13th

Mr. Ross 17th.

Nidea Drewery 14th

AYS

Viane Weynand 17th Gloria Ellis 18th Pat Langthorp 18th Judy Lawyer 18th Terry Siemers 19th Arlene McGuire 26th



bin Mercer, and an others in their time of illness and need. Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. We place our sick under your care and humbly ask that you restore your

- servants to health again. Above all, grant us the grace to acknowledge your will and know that whatever you
- do, you do for the love of us. **Amen**..
- Amen..

MSC Divina Senior Pals Cruise 03/14/19 to 04/03/2019

20 day TransAtlantic Cruise from Miami to Genoa, Italy enjoyed by Senior Pals members, Joan + Al Sabino, Laurie Harville, Joyce Mc-Dermott, Helen Hughes and friends. Many amazing and beautiful sights along the way.







Our Lady of Fátima-Portugal •Cathedral Saint Marie-Majuere De Marseille- France



Arts + Sciences Museum Valencia •Milan, Italy-Duomo di Milano

Fred Colston III- On April 10, 2019, passed away at 3:45 am this morning to be with the Lord. His last moments were spent surrounded by family and people who loved him. Please pray for the repose of Fred's soul and for the broken hearts of the grieving family members (particularly his beloved wife, Mary Lee) and his many friends that he has left behind.

Fred's funeral will be next Monday, April 15, at 11:00 a.m. at St. Anthony's.

1 Corinthians 10:13 DIV

Do temptation has overtaken you except what is common to mankind. And God is faithful: he will not let you be tempted beyond wabt you can bear. But when you are tempted, he will also provide a way out so that you can endure it

President: Debbie Perrotta 281-923-1518 William Lessman 713-202-7177 VP: Treasurer: Dick Johnson 936-588-4802 Program Director: Bob Perrotta 281-825-7404 Hospitality: Nidia Drewery 832-439-5670 Trip Committee: Joan Johnson 936-588 -4802 Membership: Rita Wold 281-651-4680 Bulletin/Newsletter: *Alfred Sabino 281-415 -8153 E-mail: ubnjtx@yahoo.com*When sending e-mails PLEASE put Senior Pals first in Subject line!

<u>Senior Pals officers 2019</u>



April 13, 2019 MEETING Bishop Sheltz Fellowship Hall All meetings 10:00 am - 12:30 pm Saturdays Saturday, May 11, 2019 Fellowship Hall Saturday, June 08, 2019 Fellowship Hall

Anyone 50 + is invited to join our community! We host a multitude of events every month! There is a monthly meeting, trips, luncheons, and other activities to participate in. Check the bulletin for the monthly meeting times and other events. For information call: Debbie Perrotta at 281-923-1518

Guest Programs

April: The Arella Players The Convent Caper - A play.
May: Dr. Garry Lambert. will speak on senior medical issues and related ministries.

• June: Stephen Andriko. Author. will speak on reducing the risks of Dementia.

C REMINDER! C *PLEASE BRING ITEMS FOR THE MONTHLY RAFFLE TO THE MEETING*

The Meeting will begin at 10:00 am and we will have our raffle also The Conservatory is providing a "Brunch" at 10:30 after the beginning of our meeting, The meal will consist of: French Toast, Corned beef Hash Cheese blintzes, Fresh Fruit, Mini Scones Apple Juice +Coffee The Arella Players will present a play afterwards. "The Convent Caper". After the Play there will be time to meet with the trip committee and any other business.



256665 I-45 South, The Woodlands (Spring) For 4:00 pm, April 25, 2019. We'll have the semi-private area at

the back of the restaurant, as we did in August, 2018. *That's the Thursday after Easter Sunday. Contact Jim Meyer for further info* 936-232-2456

Happy Hour drink prices and half - priced appetizers Ordering from the regular menu is also available.



Luke 6:38 (RSVCE)

Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you."

Firstly, Many thanks and gratitude to those who serve in positions allowing the **Senior Pals** to exist. Their work and commitment is a blessing to us all. We have enjoyed the fruits of their labor, and hopefully it will continue with those that follow.

Now, as the time has come for a changing of the Guard, we appeal to you to come forth and consider serving in a position for Senior Pals. The job has been made easier by your predecessors and you can continue it by volunteering.

An Election will be held at the JUNE meeting, with the following positions open: *President, Vice President, and Trip Committe head.* It is not difficult and YOU can make a difference!! Thank You......



The Pittsburg Pirates 😃 June 27th, 2019 ••• 1:10 PM Sign up on April 13th -\$55.00 Leaving 11:30 am - 5:00 pm Dick Johnson 936-588-4802

Suggested Future Trips

A Trip this Fall to the **Funeral Museum** in Houston it located just past the Greenspoint Mall off of Hwy 45. @ 415 Barren Springs Dr

This museum, owned by a funeral company, houses the largest collection of funeral artifacts in the U.S., Traces the history of funeral services, displays historic hearses and provides memorabilia from funerals of the famous, such as Dwight Eisenhower, Martin Luther King Jr., John F. Kennedy and Elvis Presley, and more.

Delve into the elaborate elements of Catholic funeral and Papal funeral exhibits and get a glimpse of life inside the Vatican. This extensive exhibit spans 5,000 sq. ft., complete with premium sound and lighting, three-dimensional scenes and multi-media presentations to provide visitors with a true sense of attending a **Pope's** funeral. Walk through the detailed Catholic funeral and Papal funeral settings to experience the many stages of preparation for the final services and burial of a **Pope**.

See a full-scale replica of Saint John Paul II's original crypt, an exact reproduction of the coffin used in the funerals of three previous **Popes**, as well as replicas of other Papal vestments crafted by the tailor shop that made the vestments of the last seven Popes, and view authentic uniforms worn by members of The Swiss Guard (protectors of the **Pope** and the Vatican).

The National Museum of Funeral History worked extensively with the Vatican for more than three years to produce this permanent exhibit.

Due to the reasonably close proximity, we are suggesting either carpooling or self drive for this.



and found it to be an amazingly interesting place to visit. Home to Chip And Joanna Gaines of "Fixer Upper" fame and so much more.

Ioan

Sabino

There are many things to do and see there and browsing the internet will provide all the information to pique your curiosity. Check out Trip **Advisor** for their review.

Joan envisions an overnighter to better explore the area.



The May Senior Pals Happy Hour is May 16th, Thurs at 4pm. Landry's, 1212 Lake Robbins Dr, The Woodlands 77380. On the Patio. Contact Jim Meyer 936-232-2456



STEAKHOUSE & GRILLE 6700 Woodlands Parkway, The Woodlands

Looking for an interesting place to eat? Try Sorriso's Italian Kitchen in the Westin Hotel..great atmosphere

* Pappardelle Short Ribs - Delizioso!

> 2 Waterway Square Place, The Woodlands, Texas

Chocolate Chip Banana Bread

1-1/4 cups all-purpose flour (spooned into a

measuring cup and leveled off with knife)

- 1/4 cup unsweetened cocoa powder -such as Hershey's (natural, NOT Dutch-processed)
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1/2 cup unsalted butter (room temperature)
- 1 cup granulated sugar
- 2 large eggs
- 1 cup bananas (mashed very ripe, 3 brown bananas)
- 1/2 cup sour cream. (May substitute Plain yogurt)
- 1 teaspoon vanilla
- 1/2 cup semi sweet chocolate chips (best quality, such as Guittard or Ghiradelli)

•Be sure to use very ripe, brown bananas for the best banana flavor. "To ripen bananas quickly, store them in a loosely sealed brown paper bag



	Per serving	(12	servings)
	Calories:		273
	Fat:		13g
	Saturated fat	:	8g
	Carbohydrates:		37g
	Sugar:		24g
	Fiber:		2g
	Protein:		4g
g.	Sodium:		327mg
-	Cholesterol:		58mg

Directions: Makes 10-12 Servings

- Combine the flour, cocoa powder, baking soda, and salt in a large bowl. Whisk well and set aside.
- In another bowl, cream the butter and sugar until light and fluffy.
- Add the eggs one at a time, Incorporating well after each addition.
- Next, add dry ingredients to the butter mixture and blend
- Mix in the mashed bananas, sour cream and vanilla. Beat gently until just combined.
- Add the Chocolate Chips and Mix in the mashed bananas, sour cream and vanilla.
 - ••• Pour the batter into a greased loaf pan and spread evenly.•••
- Bake until done, about 1 hour and 10 minutes. Let the chocolate banana bread rest in the pan for about 10 minutes, then turn out onto a rack to cool completely.

MASS TIMES: APRIL 18TH HOLY THURSDAY 6:45 PM. APRIL 19TH GOOD FRIDAY. 3:00 PM -Service SATURDAY, APRIL 20TH - EASTER VIGIL 8:30 PM. SUNDAY, APRIL 21ST - EASTER DAY - 7:00 AM - 9:00 AM - 11:00 AM -1:00 PM Spanish - 6:00 PM

WHAT IS THE EASTER TRIDUUM ?

The Easter Triduum (sometimes also referred to as the Paschal Triduum or simply, the Triduum) is the proper name for the three-day season that concludes Lent and introduces Easter. Technically speaking, a Triduum refers simply to any three-day period of prayer. The Easter Triduum memorializes the suffering, death, burial, and resurrection of Jesus Christ.

HOLY THURSDAY Starting with the Mass of the Lord's Supper on the evening of Holy Thursday, Continuing through the Good Friday service and Holy Saturday, and concluding with vespers (evening prayer) on Easter Sunday, the Easter Triduum marks the most significant events of Holy Week. On Holy Thursday, the Triduum begins for Catholics with the evening Mass of the Lord's Supper, during which bells are rung and the organ played. The bells and organ will then remain silent until the Easter Vigil Mass. The Mass of the Lord's Supper includes a ritual washing of feet in most Catholic congregations.

GOOD FRIDAY The Good Friday church ceremony is marked by a ritual unveiling of the main cross near the altar. This is the day that marks the Crucifixion of Jesus Christ. The Catholic worship service does not include Communion on this day. Catholics may ritually kiss the feet of the Jesus figure upon the cross HOLY SATURDAY After nightfall on Holy Saturday, Catholics hold an Easter vigil service, which represents the faithful awaiting the resurrection of Jesus Christ after his burial. This service includes a ceremony of light and darkness, in which a paschal candle is lit to represent the resurrection of Christ; members of the congregation form a solemn procession to the altar. **EASTER SUNDAY** Marks the end of the Triduum and the beginning of the seven-week Easter season that will end with Pentecost Sunday. Easter Sunday church services for Catholics as well as Protestants is a joyous celebration of resurrection and rebirth of Jesus and mankind.

